

The Master Key System
By Charles F. Haanel

LETTER OF TRANSMITTAL, PART ONE

It is my privilege to enclose herewith Part One of The Master Key System. Would you bring into your life more power, get the power consciousness, more health, get the health consciousness, more happiness, get the happiness consciousness? Live the spirit of these things until they become yours by right. It will then become impossible to keep them from you. The things of the world are fluid to a power within man by which he rules them.

You need not acquire this power. You already have it. But you want to understand it; you want to use it; you want to control it; you want to impregnate yourself with it, so that you can go forward and carry the world before you.

Day by day as you go on and on, as you gain momentum, as your inspiration deepens, as your plans crystallize, as you gain understanding, you will come to realize that this world is no dead pile of stones and timber, but that it is a living thing! It is made up of the beating hearts of humanity. It is a thing of life and beauty.

It is evident that it requires understanding to work with the material of this description, but those who come into this understanding, are inspired by a new light, a new force, they gain confidence and greater power each day, they realize their hopes and their dreams come true, life has a deeper, fuller, clearer meaning than before.

1. That much gathers more is true on every plane of existence and that loss leads to greater loss is equally true.
2. Mind is creative, and conditions, environment and all experiences in life are the result of our habitual or predominant mental attitude.
3. The attitude of mind necessarily depends upon what we think. Therefore, the secret of all power, all achievement and all possession depends upon our method of thinking.
4. This is true because we must “be” before we can “do”, and we can “do” only to the extent which we “are”, and what we “are” depends upon what we “think”.
5. We cannot express powers that we do not possess. The only way by which we may secure possession of power is to become conscious of power, and we can never become conscious of power until we learn that all power is from within.
6. There is a world within – a world of thought and feeling and power; of light and life and beauty and, although invisible, its forces are mighty.
7. The world within is governed by mind. When we discover this world we shall find the solution for every problem, the cause for every effect; and since the world within is subject to our control, all laws, of power and possession are also within our control.

8. The world without is a reflection of the world within. What appears without is what has been found within. In the world within may be found infinite Wisdom, infinite Power, infinite Supply of all that is necessary, waiting for unfoldment, development and expression. If we recognize these potentialities in the world within they will take form within the world without.
9. Harmony in the world within will be reflected in the world without by harmonious conditions, agreeable surroundings, the best of everything. It is the foundation of healthy, and a necessary essential to all greatness, all power, all attainment, all achievement and all success.
10. Harmony in the world within means the ability to control our thoughts, and to determine for ourselves how any experience is to affect us.
11. Harmony in the world within results in optimism and affluence; affluence within results without.
12. The world without reflects the circumstances and the conditions of the consciousness within.
13. If we find wisdom in the world within, we shall have the understanding to discern the marvelous possibilities that are latent in this world within, and we shall be given the power to make these possibilities manifest in the world without.
14. As we become conscious of the wisdom in the world within, we mentally take possession of this wisdom, and by taking mental possession we come into the actual possession of the power and wisdom necessary to bring into manifestation the essentials necessary for our most complete and harmonious development.
15. The world within is the practical world in which the men and women of power generate courage, hope, enthusiasm, confidence, trust and faith, by which they are given the fine intelligence to see the vision and the practical skill to make the vision real.
16. Life is an unfoldment, not accretion. What comes to us in the world without is what we already possess in the world within.
17. All possession is based on consciousness. All gain is the result of an accumulative consciousness. All loss is the result of a scattering consciousness.
18. Mental efficiency is contingent upon harmony; discord means confusion; therefore, he who would acquire power must be in harmony with Natural Law.
19. We are related to the world without by the objective mind. The brain is the organ of this mind and the cerebrospinal system of nerves puts us in conscious communication with every part of the body. This system of nerves responds to every sensation of light, heat, odor, sound and taste.
20. When this mind thinks correctly, when it understands the truth, when the thoughts sent through the cerebrospinal nervous system to the body are constructive, these sensations are pleasant, harmonious.
21. The result is that we build strength, vitality and all constructive forces into our body, but it is through this same objective mind that all distress, sickness, lack, limitation and every form of discord and inharmony is admitted to our lives. It is therefore through the objective mind, by wrong thinking, that we are related to all destructive forces.
22. We are related to the world within by the sub-conscious mind. The solar plexus is the organ of this mind; the sympathetic system of nerves presides over all

- subjective sensations, such as joy, fear, love, emotion, respiration, imagination and all other sub-conscious phenomena. It is through the sub-conscious that we are connected with the Universal Mind and brought into relation with the Infinite constructive forces of the Universe.
23. It is the co-ordination of these two centers of our being, and the understanding of their functions, which is the great secret of life. With this knowledge we can bring the objective and subjective minds into conscious co-operation and thus coordinate the finite and the infinite. Our future is entirely within our own control. It is not at the mercy of any capricious or uncertain external power.
 24. All agree that there is but one Principle or Consciousness pervading the entire Universe, occupying all space, and being essentially the same in kind at every point of its presence. It is all powerful, all wisdom and always present. All thoughts and things are within Itself. It is all in all.
 25. There is but one consciousness in the universe able to think and when it thinks its thoughts become objective things to it. As this Consciousness is omnipresent it must be present within every individual; each individual must be a manifestation of that Omnipotent, Omniscient and Omnipresent Consciousness.
 26. As there is only one Consciousness in the Universe that is able to think it necessarily follows that your consciousness is identical with the Universal Consciousness, or, in other words, all mind is one mind. There is no dodging this conclusion.
 27. The consciousness that focuses in your brain cells is the same consciousness which focuses in the brain cells of every other individual. Each individual is but the individualization of the Universal, the Cosmic Mind.
 28. The Universal Mind is static or potential energy; it simply is; it can manifest only through the individual, and the individual can manifest only through the Universal. They are one.
 29. The ability of the individual to think is his ability to act on the Universal and bring it into manifestation. Human consciousness consists only in the ability of man to think. Walker says, "Mind in itself is believed to be a subtle form of static energy, from which arises the activities called 'thought', which is the dynamic phase of mind. Mind is static energy, thought is dynamic energy – the two phases of the same thing." Thought is therefore the vibratory force formed by converting static mind into dynamic mind.
 30. As the sum of all attributes is contained in the Universal Mind, which is Omnipotent, Omniscient and Omnipresent, these attributes must be present at all times in their potential form in every individual. Therefore, when the individual thinks, the thought is compelled by its nature to embody itself in an objectivity or condition which will correspond with its origin.
 31. Every thought is therefore a cause and every condition an effect; for this reason it is absolutely essential that you control your thoughts so as to bring forth only desirable conditions.
 32. All power is from within, and is absolutely under your control; it comes through exact knowledge and by the voluntary exercises of exact principles.
 33. It should be plain that when you acquire a thorough understanding of this law, and are able to control your thought processes, you can apply it to any condition; in

other words, you will have come into conscious cooperation with the Omnipotent law which is the fundamental basis of all things.

34. The Universal Mind is the life principle of every atom which is in existence; every atom is continually striving to manifest more life; all are intelligent, and all are seeking to carry out the purpose for which they were created.
35. A majority of mankind lives in the world without; few have found the world within, and yet it is the world within that makes the world without; it is therefore creative and everything which you find in your world without has been created by you in the world within.
36. This system will bring you into a realization of power which will be yours when you understand this relation between the world without and the world within. The world within is the cause, the world without the effect; to change the effect you must change the cause.
37. You will at once see that this is a radically new and different idea; most men try to change effects by working with the effects. They fail to see that this is simply changing one form of distress for another. To remove discord, we must remove the cause, and this cause can be found only in the world within.
38. All growth is from within. This is evident in all nature. Every plant, every animal, every human is a living testimony to this great law, and the effort of the ages is in looking for strength or power from without.
39. The world within is the Universal fountain of supply, and the world without is the outlet to the stream. Our ability to receive depends upon our recognition of this Universal Fountain, this Infinite Energy of which each individual is an outlet, and so is one with every other individual.
40. Recognition is a mental process, mental action is therefore the interaction of the individual upon the Universal Mind, and as the Universal Mind is the intelligence which pervades all space and animates all living things, this mental action and reaction is the law of causation, but the principle of causation does not obtain in the individual the Universal Mind. It is not an objective faculty but a subjective process, and the results are seen in an infinite variety of conditions and experiences.
41. In order to express life there must be mind; nothing can exist without mind. Everything which exists in some manifestation of this one basic substance from which and by which all things have been created and are continually being recreated.
42. We live in a fathomless sea of plastic mind substance. This substance is every alive and active. It is sensitive to the highest degree. It takes form according to the mental demand. Thought forms the mould or matrix from which the substance expresses.
43. Remember that it is in the application alone that the value consists, and that a practical understanding of this law will substitute abundance for poverty, wisdom for ignorance, harmony for discord and freedom for tyranny, and certainly there can be no greater blessing than these from a material and social standpoint.
44. Now make the application; Select a room where you can be alone and undisturbed; sit erect, comfortably, but do not lounge; let your thoughts roam

- where they will but be perfectly still for from fifteen minutes or four days or for a week until you secure full control of your physical being.
45. Many will find this extremely difficult; others will conquer with ease, but it is absolutely essential to secure complete control of the body before you are ready to progress. Next week you will receive instructions for the next step; in the meantime you must have mastered this one.

PART ONE

1. What is the world without in its relation to the world within? The world without is a reflection of the world within,
2. Upon what does all possession depend? All possession is based on consciousness.
3. How is the individual related to the objective world? The individual is related to the objective world by the objective mind; the brain is the organ of this mind.
4. How is he related to the Universal Mind? He is related to the Universal Mind by the subconscious mind; the Solar Plexus is the organ of this mind.
5. What is the Universal Mind? The Universal Mind is the life principle of every atom which is in existence.
6. How can the Individual act on the Universal? The ability of the individual to think is his ability to act upon the Universal and bring it into manifestation.
7. What is the result of this action and interaction? The result of this action and interaction is cause and effect; every thought is a cause and every condition an effect.
8. How are harmonious and desirable conditions secured? Harmonious and desirable conditions are obtained by right thinking.
9. What is the cause of all discord, inharmony, lack and limitation? Discord, inharmony, lack and limitation are the result of wrong thinking.
10. What is the source of all power? The source of all power is the world within, the Universal Fountain of Supply, the Infinite Energy, of which each individual is an outlet.

LETTER OF TRANSMITTAL, PART TWO

Our difficulties are largely due to confused ideas and ignorance of our true interests. The great task is to discover the laws of nature to which we are to adjust ourselves. Clear thinking and moral insight are, therefore, of incalculable value. All processes, even those of thought, rest on solid foundations.

The keener the sensibilities, the more acute the judgment, the more delicate the taste, the more refined the moral feelings, the more subtle the intelligence, the loftier the aspiration – the purer and more intense are the gratifications which existence yields. Hence it is that the study of the best that has been thought in the world gives supreme pleasure.

The powers, uses and possibilities of the mind under the new interpretations are incomparably more wonderful than the most extravagant accomplishment, or even dreams of material progress. Thought is energy. Active thought is active energy; concentrated thought is concentrated energy. Thought concentrated on a definite purpose becomes power. This is the power which is being used by those who do not believe in the virtue of poverty, or the beauty of self-denial. They perceive that this is the talk of weaklings.

The ability to receive and manifest this power depends upon the ability to recognize the Infinite Energy ever dwelling in man, constantly creating and recreating his body and mind, and ready at any moment to manifest through him in any needful manner. In exact proportion to the recognition of this truth will be the manifestation in the outer life of the individual.

Part two explains the method by which this is accomplished.

1. The operations of the mind are produced by two parallel modes of activity, the one conscious, and the other sub-conscious. Prof. Davidson says: "He who thinks to illuminate the whole range of mental action by the light of his own consciousness is not unlike one who should to about to illuminate the universe with a rushlight."
2. The sub-conscious, logical processes are carried on with a certainty and regularity which would be impossible if there existed the possibility of error. Our mind is so designed that it prepares for us the most important foundations of cognition, whilst we have not the slightest apprehension of the *modus operandi*.
3. The sub-conscious soul, like the benevolent stranger, works and makes provision for our benefit, pouring only the mature fruit into our lap; thus ultimate analysis of thought processes shows that the subconscious is the theatre of the most important mental phenomena.
4. It is through the sub-conscious that Shakespeare must have perceived, without effort, great truths which are hidden from the conscious mind of the student; that Phidias fashioned marble and bronze; that Raphael painted Madonnas and Beethoven composed symphonies.
5. Ease and perfection depend entirely upon the degree in which we cease to depend upon the consciousness; playing the piano, skating, operating the typewriter, the skilled trades, depend for their perfect execution on the process of the sub-conscious mind. The marvel of playing a brilliant piece on the piano, while at the

- same time conducting a vigorous conversation, shows the greatness of our sub-conscious powers.
6. We are all aware how dependent we are upon the sub-conscious, and the greater, the nobler, the more brilliant our thoughts are, the more it is obvious to ourselves that the origin lies beyond our ken. We find ourselves endowed with tact, instinct, sense of the beautiful in art, music, etc., of whose origin or dwelling place we are wholly unconscious.
 7. The value of the sub-conscious is enormous; it inspires us; it warns us; it furnishes us with names, facts and scenes from the storehouse of memory. It directs our thoughts, tastes, and accomplishes tasks so intricate that no conscious mind, even if it had the power, has the capacity for.
 8. We can walk at will; we can raise the arm whenever we choose to do so; we can give our attention through eye or ear to any subject at pleasure. On the other hand, we cannot stop our heartbeats nor the circulation of the blood, nor the growth of stature, nor the formation of nerve and muscle tissue, nor the building of the bones, nor many other important vital processes.
 9. If we compare these two sets of action, the one decreed by the will of the moment, and the other proceeding in majestic, rhythmic course, subject to no vacillation, but constant at every moment, we stand in awe of the latter, and ask to have the mystery explained. We see at once that these are the vital processes of our physical life, and we can not avoid the inference that these all-important functions are designedly withdrawn from the domain of our outward will with its variations and our outward will with its variations and transitions, and placed under the direction of a permanent and dependable power within us.
 10. Of these two powers, the outward and changeable has been termed the "Conscious Mind", or the "Objective Mind" (dealing with outward objects). The interior power is called the "Sub-conscious Mind", or the "Subjective Mind", and besides its work on the mental plane it controls the regular functions which make physical life possible.
 11. It is necessary to have a clear understanding of their respective functions on the mental plans, as well as of certain other basic principles. Perceiving and operating through the five physical senses, the conscious mind deals with the impressions and objects of the outward life.
 12. It has the faculty of discrimination, carrying with it the responsibility of choice. It has the power of reasoning whether inductive, deductive, analytical or syllogistic, and this power may be developed to a high degree. It is the seat of the will with all the energies that flow therefrom.
 13. Not only can it impress other minds, but it can direct the sub-conscious mind. In this way the conscious mind becomes the responsible ruler and guardian of the sub-conscious mind. It is this high function which can completely reverse conditions in your life.
 14. It is often true that conditions of fear, worry, poverty, disease, inharmony and evils of all kinds dominate us by reason of false suggestions accepted by the unguarded sub-conscious mind can entirely prevent by its vigilant protective action. It may properly be called "the watchman at the gate" of the great sub-conscious domain.

15. One writer has expressed the chief distinction between the two phases of mind thus: "Conscious mind is reasoning will. Sub-conscious mind is instinctive desire, the result of past reasoning will."
16. The sub-conscious mind draws just and accurate inferences from premises furnished from outside sources. Where the premise is true, the sub-conscious mind reaches a faultless conclusion, but, where the premise or suggestion is an error, the whole structure falls. The sub-conscious mind does not engage in the process of proving. It relies upon the conscious mind, "the watchman at the gate", to guard it from mistaken impressions.
17. Receiving any suggestions as true, the sub-conscious mind at once proceeds to act thereon in the whole domain of its tremendous field of work. The conscious mind can suggest either truth or error. If the latter, it is at the cost of wide-reaching peril to the whole being.
18. The conscious mind ought to be on duty during every waking hour. When the "watchman" is "off-guard", or when its calm judgment is suspended, under a variety of circumstances, then the sub-conscious mind is unguarded and left open to suggestion from all sources. During the wild excitement or panic, or during the height of anger, or the impulses of the irresponsible mob, or at any other time of unrestrained passion, the conditions are most dangerous. The sub-conscious mind is then open to the suggestion of fear, hatred, selfishness, greed, self-depreciation and other negative forces, derived from surrounding persons or circumstances. The result is usually unwholesome in the extreme, with effects that may endure to distress it for a long time. Hence, the great importance of guarding the sub-conscious mind from false impressions.
19. The sub-conscious mind perceives by intuition. Hence, its processes are rapid. It does not wait for the slow methods of conscious reasoning. In fact, it can not employ them.
20. The sub-conscious mind never sleeps, never rests, any more than does your heart, or your blood. It has been found that by plainly stating to the sub-conscious mind certain specific things to be accomplished, forces are set in operation that lead to the result desired. Here, then, is a source of power which places us in touch with Omnipotence. Herein is a deep principle which is well worth our most earnest study.
21. The operation of this law is interesting. Those who put it into operations find that when they go out to meet the person with whom they anticipate a difficult interview, lo! Something has been there before them and dissolved the supposed differences; everything is changed; all is harmonious; they find that when some difficult business problem presents itself they can afford to make delay and something suggests the proper solution; everything is properly arranged; in fact, those who have learned to trust the sub-conscious find that they have infinite resources at their command.
22. The sub-conscious mind is the seat of our principles and our aspirations. It is the fount of our artistic and altruistic ideals. These instincts can only be overthrown by an elaborate and gradual process of undermining the innate principles.
23. The sub-conscious mind can not argue controversially. Hence, if it has accepted wrong suggestions, the sure method of overcoming them is by the use of a strong

counter suggestion, frequently repeated, which the mind must accept, thus eventually forming new and healthy habits of thought and life, for the sub-conscious mind is the seat of Habit. That which we do over and over becomes mechanical; it is no longer an act of judgment, but has worn its deep grooves in the sub-conscious mind. This is favorable for us if the habit be wholesome and right. If it be harmful and wrong, the remedy is to recognize the omnipotence of the sub-conscious mind and suggest present actual freedom. The sub-conscious being creative and one with our divine source will at once create the freedom suggested.

24. To sum up: The normal functions of the sub-conscious on the physical side have to do with the regular and vital processes, with the preservation of life and the restoration of health; with the care of offspring, which includes an instinctive desire to preserve all life and improve conditions generally.
25. On the mental side, it is the storehouse of memory; it harbors the wonderful thought messengers, who work, unhampered by time or space; it is the fountain of the practical initiative and constructive forces of life: It is the seat of habit.
26. On the spiritual side, it is the source of ideals, of aspiration, of the imagination, and is the channel through which we recognize Divine Source, and in the proportion as we recognize this divinity do we come into an understanding of the source of power.
27. Some one may ask: "How can the sub-conscious change conditions?" The reply is, because the sub-conscious is a part of the Universal Mind and a part must be the same in kind and quality as the whole; the only difference is one of degree. The whole, as we know, is creative, in fact, it is the only creator there is, consequently, we find that mind is creative, and as thought is the only activity which the mind possess thought must necessarily be creative also.
28. But we shall find that there is a vast difference between simply thinking, and directing our thought consciously, systematically and constructively; when we do this we place our mind in harmony with the Universal Mind, we come in tune with the Infinite; we set in operation the mightiest force in existence, the creative power of the Universal Mind. This, as everything else, is governed by natural law, and this law is the "Law of attraction", which is that Mind is creative, and will automatically correlate with its object and bring it into manifestation.
29. Last week I gave you an exercise for the purpose of securing control of the physical body; if you have accomplished this you are ready to advance. This time you will begin to control your thought. Always take the same room, the same chair, and the same position, if possible. In some cases it is not convenient to take the same room, in this case simply make the best use of such conditions as may be available. Now be perfectly still as before, but inhibit all thought; this will give you control over all thoughts of care, worry and fear, and will enable you to entertain only the kind of thoughts you desire. Continue this exercise until you gain complete mastery.
30. You will not be able to do this for more than a few moments at a time, but the exercise is valuable, because it will be a very practical demonstration of the great number of thoughts which are constantly trying to gain access to your mental world.

31. Next week you will receive instructions for an exercise which may be a little more interesting, but it is necessary that you master this one first.

“Cause and effect is as absolute and undeviating in the hidden realm of thought as in the world of visible and material things. Mind is the master weaver, both of the interior garment of character and the outer garment of circumstance.”

- James Allen

PART TWO

11. What are the two modes of mental activity? Conscious and subconscious.
12. Upon what do ease and perfection depend? Ease and perfection depend entirely upon the degree in which we cease to depend upon the conscious mind.
13. What is the value of the subconscious? It is enormous; it guides, us, warms us, it controls the vital processes and is the seat of memory.
14. What are some of the functions of the conscious mind? It has the faculty of discrimination; it has the power of reasoning; it is the seat of the will and may impress the subconscious.
15. How has the distinction between the conscious and subconscious been expressed? “Conscious mind is reasoning will. Subconscious mind is instinctive desire, the result of past reasoning will.”
16. What method is necessary in order to impress the subconscious? Mentally state what is wanted.
17. What will be the result? If the desire is in harmony with the forward movement of the great Whole, forces will be set in motion which will bring about the result.
18. What is the result of the operation of this law? Our environment reflects conditions corresponding to the predominant mental attitude which we entertain.
19. What name has been given to this law? The Law of Attraction.
20. How is the law stated? Thought is a creative energy, and will automatically correlate with its object and bring it into manifestation.

LETTER OF TRANSMITTAL, PART THREE

You have found that the Individual may act the Universal, and that the result of this action and interaction is cause and effect.

Thought, therefore, is the cause, and the experiences with which you meet in life are the effect.

Eliminate, therefore, any possible tendency to complain of conditions as they have been, or as they are, because it rests with you to change them and make them what you would like them to be.

Direct your effort to a realization of the mental resources, always at your command, from which all real and lasting power comes.

Persist in this practice till you come to a realization of the fact that there can be no failure in the accomplishment of any proper object in life if you but understand your power and persist in your object, because the mind forces are ever ready to lend themselves to a purposeful will, in the effort to crystallize thought and desire into acts, events and conditions.

Whereas in the beginning each function of life and each action is the result of conscious thought, the habitual actions become automatic and the thought that controls them passes into the realm of the sub-conscious; yet it is just as intelligent as before. It is necessary that it become automatic or sub-conscious, in order that the self-conscious mind may attend to other things. The new actions will, however, in their turn, become habitual, then automatic, then sub-conscious in order that they may again be freed from this detail and advanced to still other activities.

When you realize this, you will have found a source of power which will enable you to take care of any situation in life which may develop.

1. The necessary interaction of the conscious and sub-conscious mind requires a similar interaction between the corresponding systems of nerves. Judge Troward indicates the very beautiful method in which this interaction is effected. He says: The cerebrospinal system is the organ of the conscious mind and the sympathetic is the organ of the sub-conscious. The cerebrospinal is the channel through which we receive conscious perception from the physical senses and exercise control over the movements of the body. This system of nerves has its centre in the brain.
2. The Sympathetic System has its centre in a ganglionic mass at the back of the stomach known as the Solar Plexus, and is the channel of that mental action which unconsciously supports the vital functions of the body.
3. The connection between the two systems is made by the vagus nerve which passes out of the cerebral region as a portion of the voluntary system to the thorax, sending out branches to the heart and lungs, and finally passing through the diaphragm, it loses its outer coating and becomes identified with the nerves of the Sympathetic System, so forming a connecting link between the two and making man physically an entity.
4. We have seen that every thought is received by the brain, which is the organ of the conscious; it is here subjected to our power of reasoning. When the objective mind has been satisfied that the thought is true it is sent to the Solar Plexus, or the

brain of the subjective mind, to be made into our flesh, to be brought forth into the world as a reality. It is then no longer susceptible to any argument whatever. The sub-conscious mind cannot argue; it only acts. It accepts the conclusions of the objective mind as final.

5. The Solar Plexus has been likened to the sun of the body, because it is a central point of distribution for the energy which the body is constantly generating. This energy is very real energy, and this sun is a very real sun, and the energy is being distributed by very real nerves to all parts of the body, and is thrown off in an atmosphere which envelopes the body.
6. If this radiation is sufficiently strong the person is called magnetic; he is said to be filled with personal magnetism. Such a person may wield an immense power for good. His presence alone will often bring comfort to the troubled minds with which he comes in contact.
7. When the Solar Plexus is in active operation and is radiating life, energy and vitality to every part of the body, and to every one whom he meets, the sensations are pleasant, the body is filled with health and all with whom he comes in contact experience a pleasant sensation.
8. If there is any interruption of this radiation the sensations are unpleasant, the flow of life and energy to some part of the body is stopped, and this is the cause of every ill to the human race, physical, mental or environmental.
9. Physical because the sun of the body is no longer generating sufficient energy to vitalize some part of the body; mental because the conscious mind is dependent upon the sub-conscious mind for the vitality necessary to support its thought, and environmental, because the connection between the sub-conscious mind and the Universal Mind, is being interrupted.
10. The Solar Plexus is the point at which the part meets with the whole, where the finite becomes Infinite, where the Uncreate becomes create, the Universal becomes individualized, the Invisible becomes visible. It is the point at which life appears and there is no limit to the amount of life an individual may generate from this Solar centre.
11. This centre of energy is Omnipotent because it is the point of contact with all life and all intelligence. It can therefore accomplish whatever it is directed to accomplish, and herein lies the power of the conscious mind; the sub-conscious can and will carry out such plans and ideas as maybe suggested to it by the conscious mind.
12. Conscious thought, then, is master of this sun centre from which the life and energy of the entire body flows and the quality of the thought which we entertain determines the quality of the thought which this sun will radiate, and the character of the thought which our conscious mind entertains will determine the character of the thought which this sun will radiate, and the nature of the thought which our conscious mind entertains will determine the nature of thought which this sun will radiate, and consequently will determine the nature of the experience which will result.
13. It is evident, therefore, that all we have to do is let our light shine; the more energy we can radiate, the more rapidly shall we be enabled to transmute

- undesirable conditions into sources of pleasure and profit. The important question, then, is how to let this light shine; how to generate this energy.
14. Non-resistant thought expands the Solar Plexus; resistant thought contracts it. Pleasant thought expands it; unpleasant thought contracts it. Thoughts of courage, power, confidence and hope all produce a corresponding state, but the one arch enemy of the Solar Plexus which must be absolutely destroyed before there is any possibility of letting any light shine is fear. This enemy must be completely destroyed; he must be eliminated; he must be expelled forever; he is the cloud which hides the sun; which causes a perpetual gloom.
 15. It is this personal devil which makes men fear the past, the present and the future; fear themselves, their friends and their enemies; fear everything and everybody. When fear is effectually and completely destroyed, your light will shine, the clouds will disperse and you will have found the source of power, energy and life.
 16. When you find that you are really one with the Infinite power, and when you can consciously realize this power by a practical demonstration of your ability to overcome adverse condition by the power of your thought, you will have nothing to fear; fear will have been destroyed and you will have come into possession of your birthright.
 17. It is our attitude of mind toward life which determines the experiences with which we are to meet; if we expect nothing, we shall have nothing; if we demand much, we shall receive the greater portion. The world is harsh only as we fail to assert ourselves. The criticism of the world is bitter only to those who cannot compel room for their ideas. It is fear of this criticism that causes many ideas to fail to see the light of day.
 18. But the man who knows that he has a Solar Plexus will not fear criticism or anything else; he will be too busy radiating courage, confidence, and power; he will anticipate success by his mental attitude; he will pound barriers to pieces, and leap over the chasm of doubt and hesitation which fear places in his path.
 19. A knowledge of our ability to consciously radiate healthy, strength and harmony will bring us into a realization that there is nothing to fear because we are in touch with Infinite Strength.
 20. This knowledge can be gained only by making a practical application of this information. We learn by doing; through practice the athlete becomes powerful.
 21. As the following statement is of considerable importance, I will put it in several ways, so that you cannot fail to get the full significance of it. If you are religiously inclined, I would say, you can let your light shine. If your mind has a bias toward physical science, I would say you can wake the Solar Plexus; or, if you prefer the strictly scientific interpretation, I will say that you can impress your sub-conscious mind.
 22. I have already told you what the result of this impression will be. It is the method in which you are now interested. You have already learned that the sub-conscious is intelligent and that it is creative, and responsive to the will of the conscious mind. What, then, is the most natural way of making the desired impression? Mentally concentrate on the object of your desire; when you are concentrating you are impressing the sub-conscious.

23. This is not the only way, but it is a simple and effective way, and the most direct way, and consequently the way in which the best results are secured. It is the method which is producing such extraordinary results that many think that miracles are being accomplished.
24. It is the method by which every great inventor, every great financier, every great statesman has been enabled to convert the subtle and invisible force of desire, faith and confidence into actual, tangible, concrete facts in the objective world.
25. The sub-conscious mind is a part of the Universal mind. The Universal is the creative principle of the Universe, a part must be the same in kind and quality as the whole. This means that this creative power is absolutely unlimited; it is not bound by precedent of any kind, and consequently has no prior existing pattern by which to apply its constructive principle.
26. We have found that the sub-conscious mind is responsive to our conscious will, which means that the unlimited creative power of the Universal Mind is within the control of the conscious mind of the individual.
27. When making a practical application of this principle, in accordance with the exercises given in subsequent lessons, it is well to remember that it is not necessary to outline the method by which the sub-conscious will produce the results you desire. The finite can not inform the Infinite. You are simply to say what you desire, not how you are to obtain it.
28. You are the channel by which the undifferentiated is being differentiated, and this differentiation is being accomplished by appropriation. It only requires recognition to set causes in motion which will bring about results in accordance with your desire, and this is accomplished because the Universal can act only through the individual, and the individual can act only through the Universal; they are one.
29. For your exercise this week, I will ask you to go one step further. I want you to not only be perfectly still, and inhibit all thought as far as possible, but relax, let go, let the muscles take their normal condition; this will remove all pressure from the nerves, and eliminate that tension which so frequently produces physical exhaustion.
30. Physical relaxation is a voluntary exercise of the will and the exercise will be found to be of great value, as it enables the blood to circulate freely to and from the brain and body.
31. Tension leads to mental unrest and abnormal mental activity of the mind; it produces worry, care, fear and anxiety. Relaxation is therefore an absolute necessity in order to allow the mental faculties to exercise the greatest freedom.
32. Make this exercise as thorough and complete as possible, mentally determine that you will relax every muscle and nerve, until you feel quiet and restful and at peace with yourself and the world.
33. The Solar Plexus will then be ready to function and you will be surprised at the result.

PART THREE

21. What system of nerves is the organ of the Conscious Mind? The Cerebrospinal.

22. What system of nerves is the organ of the subconscious mind? The sympathetic.
23. What is the central point of distribution for the energy which the body is constantly generating? The solar plexus.
24. How may this distribution be interrupted? By resistant, critical, discordant thoughts, but especially by fear.
25. What is the result of such interruption? Every ill with which the human race is afflicted.
26. How may this energy be controlled and directed? By conscious thought.
27. How may fear be completely eliminated? By an understanding and recognition of the true source of all power.
28. What determines the experiences with which we meet in life? Our predominant mental attitude.
29. How may we awake the solar plexus? Mentally concentrate upon the condition which we desire to see manifested in our lives.
30. What is the creative principle of the Universe? The Universal Mind.

We judge a man's wisdom by his hope, knowing that the perception of the inexhaustibleness of nature is an immortal youth. - Emerson.

LETTER OF TRANSMITTAL, PART FOUR

Enclosed herewith I hand you Part Four. This part will show you why what you think, or do, or feel is an indication of what you are.

Thought is energy, and energy is power, and it is because all the religions, sciences and philosophies with which the world has heretofore been familiar have been based upon the manifestation of this energy instead of the energy itself, that the world has been limited to effects, while causes have been ignored or misunderstood.

For this reason we have God and the Devil in religion, positive and negative in science, and good and bad in philosophy.

The Master Key reverses the process; it is interested only in cause, and the letters received from students tell a marvelous story; they indicate conclusively that students are finding the cause whereby they may secure for themselves healthy, harmony, abundance, and whatever else may be necessary for their welfare and happiness.

Life is expressive and it is our business to express ourselves harmoniously and constructively. Sorrow, misery, unhappiness, disease and poverty are not necessities and we are constantly eliminating them.

But this process of eliminating consists in rising above and beyond limitation of any kind. He who has strengthened and purified his thought need not concern himself about microbes, and he who has come into an understanding of the law of abundance will go at once to the source of supply.

It is thus that fate, fortune and destiny will be controlled as readily as a captain controls his ship, or an engineer his train.

1. The "I" of you is not the physical body; that is simply an instrument which the "I" uses to carry out its purposes; the "I" cannot be the Mind, for the mind is simply another instrument which the "I" uses with which to think, reason and plan.
2. The "I" must be something which controls and directs both the body and the mind; something which determines what they shall do and how they shall act. When you come into a realization of the true nature of this "I" you will enjoy a sense of power which you have never before known.
3. Your personality is made up of countless individual characteristics, peculiarities, habits and traits of character; these are the result of your former method of thinking, but they have nothing to do with the real "I".
4. When you say "I think" the "I" tells the mind what it shall think' when you say "I go" the "I" tells the physical body where it shall go; the real nature of this "I" is spiritual, and is the source of the real power which comes to men and women when they come into a realization of their true nature.

5. The greatest and most marvelous power which this "I" has been given is the power to think, but few people know how to think constructively, or correctly, consequently they achieve only indifferent results. Most people allow their thoughts to dwell on selfish purposes, the inevitable result of an infantile mind. When a mind becomes mature, it understands that the germ of defeat is in every selfish thought.
6. The trained mind knows that every transaction must benefit every person who is in any way connected with the transaction, and any attempt to profit by the weakness, ignorance or necessity of another will inevitably operate to his disadvantage.
7. This is because the individual is a part of the Universal. A part cannot antagonize any other part, but, on the contrary, the welfare of each part depends upon a recognition of the interest of the whole.
8. Those who recognize this principle have a great advantage in the affairs of life. They do not wear themselves out. They can eliminate vagrant thoughts with facility. They can readily concentrate to the highest possible degree on any subject. They do not waste time or money upon objects which can be of no possible benefit to them.
9. If you cannot do these things it is because you have thus far not made the necessary effort. Now is the time to make the effort. The result will be exactly in proportion to the effort expended. One of the strongest affirmations which you can use for the purpose of strengthening the will and realizing your power to accomplish, is "I can be what I will be."
10. Every time you repeat it realize who had what this "I" is; try to come into a thorough understanding of the true nature of the "I"; if you do, you will become invincible; that is, provided that your objects and purposes are constructive and are therefore in harmony with the creative principle of the Universe.
11. If you make use of this affirmation, use it continuously, night and morning, and as often during the day as you think of it, and continue to do so until it becomes a part of you; form the habit.
12. Unless you do this, you had better not start at all, because modern Psychology tells us that when we start something and do not complete it, or make a resolution and do not keep it, we are forming the habit of failure; absolute, ignominious failure. If you do not intend to do a thing, do not start; if you do start, see it through even if the heavens fall; if you make up your mind to do something, do it; let nothing, no one interfere; the "I" in you has determined, the thing is settled; the die is cast, there is no longer any argument.
13. If you carry out this idea, beginning with the small things which you know you can control and gradually increase the effort, but never under any circumstance allowing your "I" to be overruled, you will find that you can eventually control yourself, and many men and women have found to their sorrow that it is easier to control a kingdom than to control themselves.
14. But when you have learned to control yourself you will have found the "World Within" which controls the world without; you will have become irresistible; men and things will respond to your every wish without any apparent effort on your part.

15. This is not so strange or impossible as it may appear when you remember that the “World Within” is controlled by the “I” and that this “I” is a part of one with the Infinite “I” which is the Universal Energy or Spirit, usually called God.
16. This is not a mere statement or theory made for the purpose of confirming or establishing an idea, but it is a fact which has been accepted by the best religious thought as well as the best scientific thought.
17. Herbert Spencer says: “Amid all the mysteries by which we are surrounded, nothing is more certain than that we are ever in the presence of an Infinite and Eternal Energy from which all things proceed.”
18. Lyman Abbott, in an address delivered before the Alumni of Bangor Theological Seminary, said: “We are coming to think of God as dwelling in man rather than as operating on men from without.”
19. Science goes a little way in its search and stops. Science finds the ever-present Eternal Energy, but Religion finds the Power behind this energy and locates it within man. But this is by no means a new discovery; the Bible says exactly the same thing, and the language is just as plain and convincing: “Know ye not that ye are the temple of the living God?” Here, then, is the secret of the wonderful creative power of the “World Within”.
20. Here is the secret of power, of mastery. To overcome does not mean to go without things. Self-denial is not success. We cannot give unless we get; we cannot be helpful unless we are strong. The Infinite is not a bankrupt and we who are the representatives of Infinite power should not be bankrupts either, and if we wish to be of service to others we must have power and more power, but to get it we must give it; we must be of service.
21. The more we give the more we shall get; we must become a channel whereby the Universal can express activity. The Universal is constantly seeking to express itself, to be of service, and it seeks the channel whereby it can find the greatest activity, where it can do the most good, where it can be of greatest service to mankind.
22. The Universal cannot express through you as long as you are busy with your plans, your own purposes; quiet the senses, seek inspiration, focus the mental activity on the within, dwell in the consciousness of your unity with Omnipotence. “Still water runs deep”; contemplate the multitudinous opportunities to which you have spiritual access by the Omnipresence of power.
23. Visualize the events, circumstances and conditions which these spiritual connections may assist in manifesting. Realize the fact that the essence and soul of all things is spiritual and that the spiritual is the real, because it is the life of all there is; when the spirit is gone, the life is gone; it is dead; it has ceased to exist.
24. These mental activities pertain to the world within, to the world of cause; and conditions and circumstances which result are the effect. It is thus important work, and the higher, loftier, grander and more noble ideals which you can conceive, the more important the work will become.
25. Over-work or over-play or over bodily activity of any kind produces conditions of mental apathy and stagnation which makes it impossible to do the more important work which results in a realization of conscious power. We should, therefore, seek the Silence frequently. Power comes through repose; it is in the Silence that

- we can be still, and when we are still, we can think, and thought is the secret of all attainment.
26. Thought is the mode of motion and is carried by the law of vibration the same as light and electricity. It is given vitality by the emotions through the law of love; it takes form and expression by the law of growth; it is a product of the spiritual "I", hence its Divine, spiritual and creative nature.
 27. From, this it is evident that in order to express power, abundance or any other constructive purpose, the emotions must be called upon to give feeling to the thought so that it will take form. How may this purpose be accomplished? This is the vital point, how may we develop the faith, the courage, the feeling, which will result in accomplishment?
 28. The reply is, by exercise; mental strength is secured in exactly the same way that physical strength is secured, by exercise. We think something, perhaps with difficulty the first time; we think the same thing again, and it becomes easier this time; we think it again and again; it then becomes a mental habit. WE continue to think the same thing; finally it becomes automatic; we can no longer help thinking this thing; we are now positive of what we think; there is no longer any doubt about it. We are sure; we know.
 29. Last week I asked you to relax, to let go physically. This week, I am going to ask you to let go mentally. If you practiced the exercise given you last week fifteen or twenty minutes a day in accordance with the instructions, you can no doubt relax physically; and anyone who cannot consciously do this quickly and completely is not a master of himself. He has not obtained freedom; he is still a slave to conditions. But I shall assume that you have mastered the exercise and are ready to take the next step, which is mental freedom.
 30. This week, after taking your usual position, remove all tension by completely relaxing, then mentally let go of all adverse conditions, such as hatred, anger, worry, jealousy, envy, sorrow, trouble or disappointment of any kind.
 31. You may say that you cannot "let go" of these things, but you can; you can do so by mentally determining to do so, by voluntary intention and persistence.
 32. The reason that some cannot do this is because they allow themselves to be controlled by the emotions instead of by their intellect. But the will guided by the intellect will gain the victory. You will not succeed the first time you try, but practice makes perfect, in this as in everything else, and you must succeed in dismissing, eliminating and completely destroying these negative and destructive thoughts; because they are the seed which is constantly germinating into discordant conditions of every conceivable kind and description.

There is nothing truer than that the quality of thought which we entertain correlates certain externals in the outside world. This is the Law from which there is no escape. And it is this Law, this correlative of thought with its object, that from time immemorial has led the people to believe in special providence. - Wilmans

PART FOUR

31. What is thought? Thought is spiritual energy.
32. How is it carried? By the law of vibration.
33. How is it given vitality? By the law of love.
34. How does it take form? By the law of growth.
35. What is the secret of its creative power? It is a spiritual activity.
36. How may we develop the faith, courage, and enthusiasm which will result in accomplishment? By a recognition of our spiritual nature.
37. What is the secret of Power? Service.
38. Why is this so? Because we get what we give.
39. What is the Silence? A physical stillness.
40. Of what value is it? It is the first step to self-control, self-mastery.

LETTER OF TRANSMITTAL, PART FIVE

Enclosed herewith you will find Part Five. After studying this part carefully, you will see that every conceivable force or object or fact is the result of mind in action.

Mind in action is thought, and thought is creative. Men are thinking now as they never thought before. Therefore, this is a creative age, and the world is awarding its riches prizes to the thinkers.

Matter is powerless, passive, inert. Mind is force, energy, power. Mind shapes and controls matter. Every form which matter takes is but the expression of some pre-existing thought.

But thought works no magic transformations; it obeys natural laws; it sets in motion natural forces; it releases natural energies; it manifests in your conduct and actions, and these in turn react upon your friends and acquaintances, and eventually upon the whole of your environment.

You can originate thought, and, since thoughts are creative, you can create for yourselves the things you desire.

1. At least ninety percent of our mental life is sub-conscious, so that those who fail to make use of this mental power live within very narrow limits.
2. The sub-conscious can and will solve any problem for us if we know how to direct it. The sub-conscious processes are always at work; the only question is, are we to be simply passive recipients of this activity, or are we to consciously direct the work? Shall we have a vision of the destination to be reached, the dangers to be avoided, or shall we simply drift?
3. We have found that mind pervades every part of the physical body and is always capable of being directed or impressed by authority coming from the objective or the more dominant portion of the mind.
4. The mind, which pervades the body, is largely the result of heredity, which in turn, is simply the result of all the environments of all past generations on the responsive and ever-moving life forces. An understanding of this fact will enable us to use our authority when we find some undesirable trait of character manifesting.
5. We can consciously use all the desirable characteristics with which we have been provided and we can repress and refuse to allow the undesirable ones to manifest.
6. Again, this mind which pervades our physical body is not only the result of hereditary tendencies, but is the result of home, business and social environment, where countless thousands of impressions, ideas, prejudices and similar thoughts have been received. Much of this has been received from others, the result of opinions, suggestions or statements; much of it is the result of our own thinking, but nearly all of it has been accepted with little or no examination or consideration.

7. The idea seemed plausible, the conscious received it, passed it on to the subconscious, where it was taken up by the Sympathetic System and passed on to be built into our physical body. "The word has become flesh."
8. This, then, is the way we are constantly creating and recreating ourselves; we are today the result of our past thinking, and we shall be what we are thinking today, the Law of Attraction is bringing to us, not the things we should like, or the things we wish for, or the things some one else has, but it brings us "our own", the things which we have created by our thought processes, whether consciously or unconsciously. Unfortunately, many of us are creating these things unconsciously.
9. If either of us were building a home for ourselves, how careful we would be in regard to the plans; how we should study every detail; how we should watch the material and select only the best of everything; and yet how careless we are when it comes to building our Mental Home, which is infinitely more important than any physical home, as everything which can possibly enter into our lives depends upon the character of the material which enters into the construction of our Mental Home.
10. What is the character of this material? We have seen that it is the result of the impressions which we have accumulated in the past and stored away in our subconscious Mentality. If these impressions have been of fear, of worry, of care, of anxiety; if they have been despondent, negative, doubtful, then the texture of the material which we are weaving today will be of the same negative material. Instead of being of any value, it will be mildewed and rotten and will bring us only more toil and care and anxiety. We shall be forever busy trying to patch it up and make it appear at least genteel.
11. But if we have stored away nothing but courageous thought, if we have been optimistic, positive, and have immediately thrown any kind of negative thought on the scrap pile, have refused to have anything to do with it, have refused to associate with it or become identified with it in any way, what then is the result? Our mental material is now of the best kind; we can weave any kind of material we want; we can use any color we wish; we know that the texture is firm, that the material is solid, that it will not fade, and we have no fear, no anxiety concerning the future; there is nothing to cover, there are no patches to hid.
12. These are psychological facts; there is no theory or guess work about these thinking processes; there is nothing secret about them; in fact, they are so plain that every one can understand them. The thing to do is have a mental house-cleaning, and to have this house-cleaning every day, and keep the house clean. Mental, moral and physical cleanliness are absolutely indispensable if we are to make progress of any kind.
13. When this mental house-cleaning process has been completed, the material which is left will be suitable for the making of the kind of ideals or mental images which we desire to realize.
14. There is a fine estate awaiting a claimant. Its broad acres, with abundant crops, running water and fine timber, stretch away as far as the eye can see. There is a mansion, spacious and cheerful, with rare pictures, a well-stocked library, rich hangings, and every comfort and luxury. All the heir has to do it to assert his heirship, take possession, and use the property. He must use it; he must not let it

- decay; for use is the condition on which he holds it. To neglect it is to lose possession.
15. In the domain of mind and spirit, in the domain of practical power, such an estate is yours. You are the heir! You can assert your heirship, and possess, and use this rich inheritance. Power over circumstances is one of its fruits, healthy, harmony and prosperity are assets upon its balance sheet. It offers you poise and peace. It costs you only the labor of studying and harvesting its great resources. It demands no sacrifice, except the loss of your limitations, your servitudes, your weakness. It clothes you with self-honor, and puts a scepter in your hands.
 16. To gain this estate, three processes are necessary. You must earnestly desire it. You must assert your claim. You must take possession.
 17. You admit that those are not burdensome conditions.
 18. You are familiar with the subject of heredity. Darwin, Huxley, Haeckel, and other physical scientists have piled evidence mountain high that heredity is a law attending progressive creation. It is progressive heredity which gives man his erect attitude, his power of motion, the organs of digestion, blood circulation, nerve force, muscular force, bone structure and a host of other faculties on the physical side. There are even more impressive facts concerning heredity of mind force. All these constitute what may be called your human heredity.
 19. But there is a heredity which the physical scientists have not compassed. It lies beneath and antecedent to all their researches. At a point where they throw up their hands in despair, saying they cannot account for what they see, this divine heredity is found in full sway.
 20. It is the benignant force which decrees primal creation. It thrills down from the Divine, direct into every created being. It originates life, which the physical scientist has not done, nor ever can do. It stands out among all forces supreme, unapproachable. No human heredity can approach it. No human heredity measures up to it.
 21. This Infinite Life flows through you; is you. Its doorways are but the faculties which comprise your consciousness. To keep open these doors is the Secret of Power. Is it not worthwhile to make the effort?
 22. The great fact is, that the source of all life and all power is from within. Persons, circumstances and events may suggest need and opportunities, but the insight, strength and power to answer these needs will be found within.
 23. Avoid counterfeits. Build firm foundations for your consciousness upon forces which flow direct from the Infinite source, the Universal Mind of which you are the image and likeness.
 24. Those who have come into possession of this inheritance are never quite the same again. They have come into possession of a sense of power hitherto undreamed of. They can never again be timid, weak, vacillating or fearful. They are indissolubly connected with Omnipotence. Something in them has been aroused; they have suddenly discovered that they possess a tremendous latent ability of which they were heretofore entirely unconscious.
 25. This power is from within, but we cannot receive it unless we give it. Use is the condition upon which we hold this inheritance. We are each of us but the channel through which the Omnipotent power is being differentiated into form; unless we

- give out the channel is obstructed and we can receive no more. This is true on every plane of existence and in every field of endeavor and all walks of life. The more we give, the more we get. The athlete who wishes to get strong must make use of the strength he has, and the more he gives the more he will get. The financier who wishes to make money must make use of the money he has, for only by using it can he get more.
26. The merchant who does not keep his goods going out will soon have none coming in; the corporation which fails to give efficient service will soon lack customers; the attorney who fails to get results will soon lack clients, and so it goes everywhere; power is contingent upon a proper use of the power already in our possession; what is true in every field of endeavor, every experience in life, is true of the power from which every other power known among men is begotten – spiritual power. Take away the spirit and what is left? Nothing.
 27. If then the spirit is all there is, upon the recognition of this fact must depend the ability to demonstrate all power, whether physical, mental or spiritual.
 28. All possession is the result of the accumulative attitude of mind, or the money consciousness; this is the magic wand which will enable you to receive the idea, and it will formulate plans for you to execute, and you will find as much pleasure in the execution as in the satisfaction of attainment and achievement.
 29. Now, go to your room, take the same seat, the same position as heretofore, and mentally select a place which has pleasant associations. Make a complete mental picture of it, see the buildings, the grounds, the trees, friends, associations, everything complete. At first, you will find yourself thinking of everything under the sun, except the ideal upon which you desire to concentrate. But do not let that discourage you. Persistence will win, but persistence requires that you practice these exercises every day without fail.

PART FIVE

41. What proportion of our mental life is subconscious? At least ninety percent.
42. Is this vast mental storehouse generally utilized? No.
43. Why not? Few understand or appreciate the fact that it is an activity which they may consciously direct.
44. Where has the conscious mind received its governing tendencies? From heredity – which means that it is the result of all the environments of all past generations.
45. What is the law of attraction bringing to us? Our “Own”.
46. What is our “Own”? What we inherently are, and is the result of our past thinking, both conscious and subconscious.
47. Of what is the material with which we construct our mental home composed? The thoughts which we entertain.
48. What is the Secret of Power? A recognition of the omnipresence of omnipotence.
49. Where does it originate? All life and all power is from within.
50. Upon what is the possession of power contingent? Upon a proper use of the power already in our possession.

Relaxation and connection are not somewhere and some time, but everywhere and always. - Emerson

LETTER OF TRANSMITTAL, PART SIX

It is my privilege to enclose Part Six. This part will give you an excellent understanding of the most wonderful piece of mechanism which has ever been created. A mechanism whereby you may create for yourself Healthy, Strength, Success, Prosperity or any other condition which you desire. Necessities are demands, and demands create action, and actions bring about results. The process of evolution is constantly building our tomorrows out of our todays. Individual development, like Universal development, must be gradual with an ever increasing capacity and volume.

The knowledge that if we infringe upon the rights of others, we become morel thorns and find ourselves entangled at every turn of the road, should be an indication that success is contingent upon the highest moral ideal, which is "The greatest good to the greatest number."

Aspiration, desire and harmonious relations constantly and persistently maintained will accomplish poise and harmony within. In order to receive intelligence the receiver must be in tune with the transmitter.

Thought is a product of Mind and Mind is creative, but this does not mean that the Universal will change its modus operandi to suit us or our ideas, but it does mean that we can come into harmonious relationship with the Universal, and when we have accomplished this we may ask anything to which we are entitled, and the way will be made plain.

1. The Universal Mind is so wonderful that it is difficult to understand its utilitarian powers and possibilities and its unlimited producing effects.
2. We have found that this Mind is not only all intelligence but all substance. How, then, is it to be differentiated in form? How are we to secure the effect which we desire?
3. Ask any electrician what the effect of electricity will be and he will reply that "electricity is a form of motion and its effect will depend upon the mechanism to which it is attached". Upon this mechanism will depend whether we shall have heat, light, power, music or any of the other marvelous demonstrations of power to which this vital energy has been harnessed.
4. What effect can be produced by thought? The reply is that thought is mind in motion (just as wind is air in motion), and its effect will depend entirely on the "mechanism to which it is already attached".
5. Here, then, is the secret of all mental power; it depends entirely on the mechanism which we attach.

6. What is this mechanism? You know something of the mechanism which has been invented by Edison, Bell, Marconi and other electrical wizards, by which place and space and time have become only figures of speech, but did you ever stop to think that the mechanism which has been given you for transforming the Universal, Omnipresent Potential Power was invented by a greater inventor than Edison?
7. We are accustomed to examining the mechanism of the implements which we use for tilling the soil, and we try to get an understanding of the mechanism of the automobile which we drive, but most of us are content to remain in absolute ignorance of the greatest piece of mechanism which has ever come into existence, the brain of man.
8. Let us examine the wonders of this mechanism; we shall thereby get a better understanding of the various effects of which it is the cause.
9. In the first place, there is the great mental world in which we live and move and have our being; this world is omnipotent, omniscient and omnipresent; it will respond to our desire in direct ratio to our purpose and faith; the purpose must be in accordance with the law of our being, that is, it must be creative or constructive; our faith must be strong enough to generate a current of sufficient strength to bring our purpose into manifestation. "As thy faith is, so be it unto the," bears the stamp of scientific test.
10. The effects which are produced in the world without are the result of the action and reaction of the individual upon the universal; that is the process which we call thinking; the brain is the organ through which this process is accomplished; think of the wonder of it all! Do you love music, flowers, literature, art, or are you inspired by the thought of ancient or modern genius? Remember, every beauty to which you respond must have its corresponding outline in your brain before you can appreciate it.
11. There is not a single virtue or principle in the storehouse of nature which the brain cannot express. The brain is an embryonic world, ready to develop at any time as necessity may arise. If you can comprehend that this is a scientific truth and one of the wonderful laws of nature, it will be easier for you to get an understanding of the mechanism by which these extraordinary results are being accomplished.
12. The nervous system has been compared to an electric circuit with its battery of cells in which force is originated, and its white matter to insulated wires by which the current is conveyed; it is through these channels that every impulse or desire is carried through the mechanism.
13. The spinal cord is the great motor and sensory pathway by which messages are conveyed to and from the brain; then, there is the blood supply plunging

through the veins and arteries, renewing our energy and strength, the perfectly arranged structure upon which the entire physical body rests, and, finally, the delicate and beautiful skin, clothing the entire mechanism in a mantle of beauty.

14. This then is the “Temple of the living God” and the individual “I” is given control and upon his understanding of the mechanism which is within his control will the result depend.
15. Every thought sets the brain cells in action; at first the substance upon which the thought is directed fails to respond, but if the thought is sufficiently refined and concentrated, the substance finally yields and expresses perfectly.
16. This influence of the mind can be exerted upon any part of the body, causing the elimination of any undesirable effect.
17. A perfect conception and understanding of the laws governing in the mental world cannot fail to be of inestimable value in the transaction of business, as it develops the power of discernment and gives a clearer understanding and appreciation of facts.
18. The man who looks within instead of without cannot fail to make use of the mighty forces which will eventually determine his course in life and so bring him into vibration with all that is best, strongest and most desirable.
19. Attention or concentration is probably the most important essential in the development of mind culture. The possibilities of attention when properly directed are so startling that they would hardly appear credible to the uninitiated. The cultivation of attention is the distinguishing characteristic of every successful man or woman, and is the very highest personal accomplishment which can be acquired.
20. The power of attention can be more readily understood by comparing it with a sun glass in which the rays of sunlight are focused; they possess no particular strength as long as the glass is moved about and the rays directed from one place to another; but let the glass be held perfectly still and let the rays be focused on one spot for any length of time, the effect will become immediately apparent.
21. So with the power of thought; let power be dissipated by scattering the thought from one object to another, and no result is apparent; but focus this power through attention or concentration on any single purpose for any length of time and nothing becomes impossible.
22. A very simple remedy for a very complex situation, some will say. All right, try it, you who have no experience in concentrating the thought on a definite

purpose or object. Choose any single object and concentrate your attention on it for a definite purpose for even ten minutes; you cannot do it; the mind will wander a dozen times and it will be necessary to bring it back to the original purpose, and each time the effect will have been lost and at the end of the ten minutes nothing will have been gained, because you have not been able to hold your thought steadily to the purpose.

23. It is, however, through attention that you will finally be able to overcome obstacles of any kind that appear in your path onward and upward, and the only way to acquire this wonderful power is by practice – practice makes perfect, in this as in anything else.
24. In order to cultivate the power of attention, bring a photograph with you to the same seat in the same room in the same position as heretofore. Examine it closely at least ten minutes, note the expression of the eyes, the form of the features, the clothing, the way the hair is arranged; in fact, note every detail shown on the photograph carefully. Now cover it and close your eyes and try to see it mentally; if you can see every detail perfectly and can form a good mental image of the photograph, you are to be congratulated; if not, repeat the process until you can.
25. This step is simply for the purpose of preparing the soil; next week we shall be ready to sow the seed.
26. It is by such exercises as these that you will finally be able to control your mental moods, your attitude, your consciousness.
27. Great financiers are learning to withdraw from the multitude more and more, that they may have more time for planning, thinking and generating the right mental moods.
28. Successful business men are constantly demonstrating the fact that it pays to keep in touch with the thought of other successful business men,
29. A single idea may be worth thousands of dollars, and these ideas can only come to those who are receptive, who are prepared to receive them, who are in a successful frame of mind.
30. Men are learning to place themselves in harmony with the Universal Mind; they are learning the unity of all things; they are learning the basic methods and principles of thinking, and this is changing conditions and multiplying results.
31. They are finding that circumstances and environment follow the trend of mental and spiritual progress; they find that growth follows knowledge; action follows inspiration; opportunity follows perception; always the spiritual first,

then the transformation into the infinite and illimitable possibilities of achievement.

32. As the individual is but the channel for the differentiation of the Universal, these possibilities are necessarily inexhaustible.
33. Thought is the process by which we may absorb the Spirit of Power, and hold the result in our inner consciousness until it becomes a part of our ordinary consciousness. The method of accomplishing this result by the persistent practice of a few fundamental principles, as explained in this System, is the Master Key which unlocks the storehouse of Universal Truth.
34. The two great sources of human suffering at present are bodily disease and mental anxiety. These may be readily traced to the infringement of some Natural Law. This is, no doubt, owing to the fact that so far knowledge has largely remained partial, but the clouds of darkness which have accumulated through long ages are beginning to roll away and with them many of the miseries that attend imperfect information.

That a man can change himself, improve himself, re-create himself, control his environment, and master his own destiny is the conclusion of every mind who is wide-awake to the power of right thought in constructive action.

- Larsen

PART SIX

51. What are some of the effects which can be produced by electricity? Heat, light, power, music.
52. Upon what do these various effects depend? Upon the mechanism to which the electricity is attached.
53. What is the result of the action and interaction of the individual mind upon the Universal? The conditions and experiences with which we meet.
54. How may these conditions be changed? By changing the mechanism by which the Universal is differentiated in form.
55. What is this mechanism? The brain.
56. How may it be changed? By the process we call thinking. Thoughts produce brain cells, and these cells respond to the corresponding thought in the Universal.
57. Of what value is the power of concentration? It is the very highest personal accomplishment which can be acquired, and the distinguishing characteristic of every successful man or woman.
58. How may it be acquired? By faithfully practicing the exercises outlined in this System.
59. What is this so important? Because it will enable us to control our thoughts, and since thoughts are causes conditions must be effects; if we can control the cause we can also control the effect.

60. What is the changing conditions and multiplying results in the objective world?
Men are learning the basic methods of constructive thinking.

“This above all: To thine own self be true,
And it must follow, as the night the day,
Thou canst not then be false to any man.”

LETTER OF TRANSMITTAL, PART SEVEN

Through the ages man has believed in an invisible power, through which and by which all things have been created and are continually being re-created.

We may personalize this power and call it God, or we may think of it as the essence or spirit, which permeates all things, but in either case the effect is the same.

So far as the individual is concerned, the objective, the physical, the visible, is the personal, that which can be cognized by the sense. It consists of body, brain and nerves. The subjective is the spiritual, the invisible, the impersonal.

The personal is conscious because it is a personal entity. The impersonal, being the same in kind and quality as all other Being, is not conscious of itself and has therefore been termed the sub-conscious.

The personal, or conscious, has the power of will and choice, and can therefore exercise discrimination in the selection of methods whereby to bring about the solution of difficulties.

The impersonal, or spiritual, being a part or one with the source and origin of all power, can necessarily exercise no such choice, but, on the contrary, it has Infinite resources at its command. It can and does bring about results by methods concerning which the human or individual mind can have no possible conception.

You will therefore see that it is your privilege to depend upon the human will with all its limitations and misconceptions, or you may utilize the potentialities of Infinity by making use of the sub-conscious mind. Here, then, is the scientific explanation of the wonderful power which has been put within your control, if you understand, appreciate and recognize it.

One method of consciously utilizing this omnipotent power is outlined in Part Seven, which I have the honor of transmitting herewith.

1. Visualization is the process of making mental images, and the image is the mold or model which will serve as a pattern from which your future will emerge.
2. Make the pattern clear, and make it beautiful; do not be afraid; make it grand; remember that no limitation can be placed upon you by any one but yourself; you are not limited as to cost or material; draw on the Infinite for your supply, construct it in your imagination; it will have to be there before it will appear anywhere else.

3. Make the image clear and clean-cut, hold it firmly in the mind and you will gradually and constantly bring the thing nearer to you. You can be what “you will to be.”
4. This is another psychological fact which is well known, but unfortunately, reading about it will not bring about any result which you may have in mind; it will not even help you to form the mental image, much less bring it into manifestation. Work is necessary, labor, hard mental labor, the kind of effort which so few are willing to put forth.
5. The first step is idealization. It is likewise the most important step, because it is the plan on which you are going to build. It must be solid; it must be permanent. The architect, when he plans a 30-story building, has every line and detail pictured in advance. The engineer, when he spans a chasm, first ascertains the strength requirements of a million separate parts.
6. They see the end before a single step is taken; so you are to picture in your mind what you want; you are sowing the seed, but before sowing any seed you want to know what the harvest is to be. This is Idealization. If you are not sure, return to the chair daily until the picture becomes plain; it will gradually unfold; first the general plan will be dim, but it will take shape, the outline will take form, then the details, and you will gradually develop the power by which you will be enabled to formulate plans which will eventually materialize in the objective world. You will come to know what the future holds for you.
7. Then comes the process of visualization. You must see the picture more and more complete, see the detail, and, as the details begin to unfold the ways and means for bringing it into manifestation will develop. One thing will lead to another. Thought will lead to action, action will develop methods, methods will develop friends, and friends will bring about circumstances, and, finally, the third step, or Materialization, will have been accomplished.
8. We all recognize that the Universe must have been thought into shape before it ever could have become a material fact. And if we are willing to follow along the lines of the Great Architect of the Universe, we shall find our thoughts taking form, just as the universe took concrete form. It is the same mind operating through the individual. There is no difference in kind or quality, the only difference is one of degree.
9. The architect visualizes his building, he sees it as he wishes it to be. His thought becomes a plastic mould from which the building will eventually emerge, a high one or a low one, a beautiful one or a plain one, his vision takes form on paper and eventually the necessary material is utilized and the building stands complete.

10. The inventor visualizes his idea in exactly the same manner, for instance, Nikola Tesla, he with the giant intellect, one of the greatest inventors of all ages, the man who has brought forth the most amazing realities, always visualizes his inventions before attempting to work them out. He does not rush to embody them in form and then spend his time in correcting defects. Having first build up the idea in his imagination, he holds it there as a mental picture, to be reconstructed and improved by his thought, "In this way," he writes in the *Electrical Experimenter*, "I am enabled to rapidly develop and perfect a conception without touching anything. When I have gone so far as to embody in the invention every possible improvement I can think of, and see no fault anywhere, I put into concrete, the product of my brain. Invariably my devise works as I conceived it should; in twenty years there has not been a single exception."
11. If you can conscientiously follow these directions, you will develop Faith, the kind of Faith that is the "Substance of things hoped for, the evidence of things not seen;" you will develop confidence, the kind of confidence that leads to endurance and courage; you will develop the power of concentration which will enable you to exclude all thoughts except the ones which are associated with your purpose.
12. The law is that thought will manifest in form, and only one who knows how to be a divine thinker of his own thoughts can ever take a Master's plan and speak with authority.
13. Clearness and accuracy are obtained only by repeatedly having the image in mind. Each repeated action renders the image more clear and accurate than the preceding, and in proportion to the clearness and accuracy of the image will the outward manifestation be. You must build it firmly and securely in your mental world, the world within, before it can take form in the world without, and you can build nothing of value, even in the mental world unless you have the proper material. When you have the material you can build anything you wish, but make sure of your material. You cannot make broadcloth from shoddy.
14. This material will be brought out by millions of silent mental workers and fashioned into the form of the image which you have in mind.
15. Think of it! You have over five million of these mental workers, ready and in active use; brain cells they are called. Besides this, there is another reserve force of at least an equal number, ready to be called into action at the slightest need. Your power to think, then is almost unlimited, and this means that your power to create the kind of material which is necessary to build for yourself any kind of environment which you desire is practically unlimited.

16. In addition to these millions of mental workers, you have billions of mental workers in the body, every one of which is endowed with sufficient intelligence to understand and act upon any message or suggestion given. These cells are all busy creating and recreating the body, but, in addition to this, they are endowed with psychic activity whereby they can attract to themselves the substance necessary for perfect development.
17. They do this by the same law and in the same manner that every form of life attracts to itself the necessary material for growth. The oak, the rose, the lily, all require certain material for their most perfect expression and they secure it by silent demand, the Law of Attraction, the most certain way for you to secure what you require for your most complete development.
18. Make the Mental Image; make it clear, distinct, perfect; hold it firmly; the ways and means will develop; supply will follow the demand; you will be led to do the right thing at the right time and in the right way. Earnest Desire will bring about Confident Expectation, and this in turn must be reinforced by Firm Demand. These three cannot fail to bring about Attainment, because the Earnest Desire is the feeling, the Confident Expectation is the thought, and the Firm Demand is the will, and, as we have seen, feeling gives vitality to thought and the will holds it steadily until the law of Growth brings it into manifestation.
19. It is not wonderful that man has such tremendous power within himself, such transcendental faculties concerning which he had no conception? Is it not strange that we have always been taught to look for strength and power “without”? We have been taught to look everywhere but “within” and whenever this power manifested in our lives we were told that it was something supernatural.
20. There are many who have come to an understanding of this wonderful power, and who make serious and conscientious efforts to realize health, power and other conditions, and seem to fail. They do not seem able to bring the Law into operation. The difficulty in nearly every case is that they are dealing with externals. They want money, power, health and abundance, but they fail to realize that these are effects and can come only when the cause is found.
21. Those who will give no attention to the world without, “will seek only to ascertain the truth, will look only for wisdom, will find that this wisdom will unfold and disclose the source of all power, that it will manifest in thought and purpose which will create the external conditions desired. This truth will find expression in noble purpose and courageous action.
22. Create ideals only, give no thought to external conditions, make the world within beautiful and opulent and the world without will express and manifest the condition which you have made within. You will come into a realization

of your power to create ideals and these ideals will be projected into the world of effect.

23. For instance, a man is in debt. He will be continually thinking about the debt, concentrating on it, and as thoughts are causes the result is that he not only fastens the debt closer to him, but actually creates more debt. He is putting the great law of Attraction into operation with the usual and inevitable result – Loss to greater Loss”.
24. What, then, is the correct principle? Concentrate on the things you want, not on the things you do not want. Think of abundance; idealize the methods and plans for putting the Law of Abundance into operation. Visualize the condition which the Law of Abundance creates; this will result in manifestation.
25. If the law operates perfectly to bring about poverty, lack and every form of limitation for those who are continually entertaining thoughts of lack and fear, it will operate with the same certainty to bring about conditions of abundance and opulence for those who entertain thoughts of courage and power.
26. This is a difficult problem for many; we are too anxious; we manifest anxiety, fear, distress; we want to do something; we want to help; we are like a child who has just planted a seed and every fifteen minutes goes out and stirs up the earth to see if it is growing. Of course, under such circumstances, the seed will never germinate, and yet this is exactly what many of us do in the mental world.
27. We must plant the seed and leave it undisturbed. This does not mean that we are to sit down and do nothing, by no means; we will do more and better work than we have ever done before, new channels will constantly be provided, new doors will open; all that is necessary is to have an open mind, be ready to act when the time comes.
28. Thought force is the most powerful means of obtaining knowledge, and if concentrated on any subject will solve the problem. Nothing is beyond the power of human comprehension, but in order to harness thought force and make it do your bidding, work is required.
29. Remember that thought is the fire that creates the steam that turns the wheel of fortune, upon which your experiences depend.
30. Ask yourself a few questions and then reverently await the response; do you not now and then feel the self within you? Do you assert this self or do you follow the majority? Remember that majorities are always led, they never lead. It was the majority that fought, tooth and nail, against the steam engine, the power loom and every other advance or improvement ever suggested.

31. For your exercise this week, visualize your friend, see him exactly as you last saw him, see the room, the furniture, recall the conversation, now see his face, see it distinctly, now talk to him about some subject of mutual interest; see his expression change; watch him smile. Can you do this? All right, you can.; then arouse his interest, tell him a story of adventure, see his eyes light up with the spirit of fun or excitement. Can you do all of this? If so, your imagination is good, you are making excellent progress.

PART SEVEN

61. What is visualization? The process of making mental pictures.
62. What is the result of this method of thought? By holding the image or picture in mind, we can gradually but surely bring the thing nearer to us. We can be what we will to be.
63. What is Idealization? It is a process of visualizing or idealizing the plan which will eventually materialize in our objective world.
64. Why are the clearness and accuracy necessary? Because “seeing” creates “feeling” and “feeling” creates “being”. First the mental, then the emotional, then the illimitable possibilities of achievement.
65. How are they obtained? Each repeated action renders the image more accurate than the former one.
66. How is the material for the construction of your mental image secured? By millions of mental workers. Brain cells they are called.
67. How are the necessary conditions for bringing about the materialization of your ideal in the objective world secured? By the Law of Attraction. The natural law by which all conditions and experiences are brought about.
68. What three steps are necessary in order to bring this law into operation? Earnest Desire, Confident Expectation, Firm Demand.
69. Why do many fail? Because they concentrate on loss, disease and disaster. The law is operating perfectly; the things they fear are coming upon them.
70. What is the alternative? Concentrate on the ideals which you desire to see manifested in your life.

LETTER OF TRANSMITTAL, PART EIGHT

Part Eight is enclosed herewith. In this Part you will find that you may freely choose what you think but the result of your thought is governed by an immutable law! Is not this a wonderful thought? Is it not wonderful to know that our lives are not subject to caprice or variability of any kind? That they are governed by law. This stability is our opportunity, because by complying with the law we can secure the desired effect with invariable precision.

It is the Law which makes the Universe one grand paean of Harmony. If it were not for law, the Universe would be a Chaos instead of a Cosmos.

Here, then, is the secret of the origin of both good and evil, this is all the good and evil there ever was or ever will be.

Let me illustrate. Thought results in action, if your thought is constructive and harmonious, the result will be good, if your thought is destructive or inharmonious, the result will be evil.

There is there but one law, one principle, one cause, one Source of Power, and good and evil are simply words which have been coined to indicate the result of our action, or our compliance or non-compliance with this law.

The importance of this is well illustrated in the lives of Emerson and Carlyle. Emerson loved the good and his life was a symphony of peace and harmony, Carlyle hated the bad, and his life was a record of perpetual discord and inharmony.

Here we have two grand men, each intent upon achieving the same ideal, but one makes use of constructive thought and is therefore in harmony with Natural Law, the other makes use of destructive thought and therefore brings upon himself discord of every kind and character.

It is evident therefore that we are nothing, not even the "bad", because hatred is destructive, and we shall soon find that by entertaining destructive thought we are sowing the "wind" and shall reap the "whirlwind".

1. Thought contains a vital principle, because it is the creative principle of the Universe and by its nature will combine with other similar thoughts.
2. As the one purpose of life is growth, all principle underlying existence must contribute to give it effect. Thought, therefore, takes from and the law of growth eventually brings it into manifestation.
3. You may freely choose what you think, but the result of your thought is governed by an immutable law. Any line of thought persisted in cannot fail to produce its result in the character, healthy and circumstance of the individual.

Methods whereby we can substitute habits of constructive thinking for those which we have found produce only undesirable effects are therefore of primary importance.

4. We all know that this is by no means easy. Mental habits are difficult to control, but it can be done and the way to do it is to being at once to substitute constructive thought for destructive thought. Form the habit of analyzing every thought. If it is necessary, if its manifestation in the objective will be a benefit, not only to yourself, but to all whom it may affect in any way, keep it; treasure it; it is of value; it is in tune with the Infinite; it will grow and develop and produce fruit an hundred fold. On the other hand, it will be well for you to keep this quotation from George Matthews Adams in mind, "Learn to keep the door shut, keep out of your mind, out of your office, and out of your world, every element that seeks admittance with no definite helpful end in view."
5. If your thought has been critical or destructive, and has resulted in any condition of discord or inharmony in your environment, it may be necessary for you to cultivate a mental attitude which will be conducive to constructive thought.
6. The imagination will be found to be a great assistance in this direction; the cultivation of the imagination leads to the development of the ideal out of which your future will emerge.
7. The imagination gathers up the material by which the Mind weaves the fabric in which your future is to be clothed.
8. Imagination is the light by which we can penetrate new worlds of thought and experience.
9. Imagination is the might instrument by which every discovered, every inventor, opened the way from precedent to experience. Precedent said, "It cannot be done;" experience said, "It is done."
10. Imagination is a plastic power, moulding the things of sense into new forms and ideals.
11. Imagination is the constructive form of thought which must precede every constructive form of action.
12. A builder cannot build a structure of any kind until he has first received the plans from the architect, and the architect must get them from his imagination.
13. The Captain of Industry cannot build a giant corporation which may coordinate hundreds of smaller corporations and thousands of employees, and

utilize millions of capital until he has first created the entire work in his imagination. Objects in the material world are as clay in the potter's hand; it is in the Master Mind that the real things are created, and it is by the use of the imagination that the work is done. In order to cultivate the imagination it must be exercised. Exercise is necessary to cultivate mental muscle as well as physical muscle. It must be supplied with nourishment or it cannot grow,

14. Do not confuse Imagination with Fancy, or that form of day dreaming in which some people like to indulge. Day dreaming is a form of mental dissipation which may lead to mental disaster.
15. Constructive imagination means mental labor, by some considered to be the hardest kind of labor, but, if so, it yields the greatest returns, for all the great things in life have come to men and women who had the capacity to think, to imagine, and to make their dreams come true.
16. When you have become thoroughly conscious of the fact that Mind is the only creative principle, that it is Omnipotent, Omniscient and Omnipresent, and that you can consciously come into harmony with this Omnipotence through your power of thought, you will have taken a long step in the right direction.
17. The next step is to place yourself in position to receive this power. As it is Omnipresent, it must be within you. We know that this is so because we know that all power is from within, but it must be developed, unfolded, cultivated; in order to do this we must be receptive, and this receptivity is acquired just as physical strength is gained, by exercise.
18. The law of attraction will certainly and unerringly bring to you the conditions, environment, and experiences in life, corresponding with your habitual, characteristic, predominant mental attitude. Not what you think once in a while when you are in church, or have just read a good book, but your predominant mental attitude is what counts.
19. You cannot entertain weak, harmful, negative thoughts ten hours a day and expect to bring about beautiful, strong and harmonious conditions by ten minutes of strong, positive, creative thought.
20. Real power comes from within. All power that anybody can possibly use is within man, only waiting to be brought into visibility by his first recognizing it, and then affirming it as his, working it into his consciousness until he becomes one with it.
21. People say that they desire abundant life, and so they do, but so many interpret this to mean that if they will exercise their muscles or breathe scientifically, eat certain foods in certain ways, drink so many glasses of water every day, or just a certain temperature, keep out of drafts, they will attain the abundant life

they seek. The result of such methods is but indifferent. However, when man awakens to the truth, and affirms his oneness with all Life, he finds that he takes on the clear eye, the elastic step, the vigor of youth; he finds that he has discovered the source of all power.

22. All mistakes are but the mistakes of ignorance. Knowledge gaining and consequent power is what determines growth and evolution. The recognition and demonstration of knowledge is what constitutes power, and this power is spiritual power, and this spiritual power is the power which lies at the heart of all things; it is the soul of the universe.
23. This knowledge is the result of man's ability to think; thought is therefore the germ of man's conscious evolution. When man ceases to advance in his thoughts and ideals, his forces immediately begin to disintegrate and his countenance gradually registers these changing conditions.
24. Successful men make it their business to hold ideals of the conditions which they wish to realize. They constantly hold in mind the next step necessary to the ideal for which they are striving. Thoughts are the materials with which they build, and the imagination is their mental workshop. Mind is the ever moving force with which they secure the persons and circumstances necessary to build their success structure, and imagination is the matrix in which all great things are fashioned.
25. If you have been faithful to your ideal, you will hear the call when circumstances are ready to materialize your plans and results will correspond in the exact ratio of your fidelity to your ideal. The ideal steadily held is what pre-determines and attracts the necessary conditions for its fulfillment.
26. It is thus that you may weave a garment of spirit and power into the web of your entire existence; it is thus that you may lead a charmed life and be forever protected from all harm; it is thus that you may become a positive force whereby conditions of opulence and harmony may be attracted to you.
27. This is the leaven which is gradually permeating the general consciousness and is largely responsible for the conditions of unrest which are everywhere evident.
28. Last week you created a mental image, you brought it from the invisible into the visible; this week I want you to take an object and follow it back to its origination, see of what it really consists. If you do this you will develop imagination, insight, perception, and sagacity. These come not by the superficial observation of the multitude, but by a keen analytical observation which sees below the surface.

29. It is the few who know that the things which they see are only effects, and understand the causes by which these effects were brought into existence.
30. Take the same position as heretofore and visualize a Battleship; see the grim monster floating on the surface of the water; there appears to be no life anywhere about; all is silence; you know that by far the largest part of the vessel is under water; out of sight; you know that the ship is as large and as heavy as a twenty-story skyscraper; you know that there are hundreds of men ready to spring to their appointed task instantly; you know that every department is in charge of able, trained, skilled officials who have proven themselves competent to take charge of this marvelous piece of mechanism; you know that although it lies apparently oblivious to everything else, it has eyes which see everything for miles around, and nothing is permitted to escape its watchful vision; you know that while it appears quiet, submissive and innocent, it is prepared to hurl a steel projectile weighing thousands of pounds at an enemy many miles away; this and much more you can bring to mind with comparatively no effort whatever. But how did the battleship come to be where it is; how did it come into existence in the first place? All of this you want to know if you are a careful observer.
31. Follow the great steel plates through the foundries, see the thousands of men employed in their production; go still further back, and see the ore as it comes from the mine, see it loaded on barges or cars, see it melted and properly treated; go back still further and see the architect and engineers who planned the vessel; let the thought carry you back still further in order to determine why they planned the vessel; you will see that you are now so far back that the vessel is something intangible, it no longer exists, it is now only a thought existing in the brain of the architect; but from where did the order come to plan the vessel? Probably from the Secretary of War; but probably this vessel was planned long before the war was thought of, and that Congress had to pass a bill appropriating the money; possibly there was opposition, and speeches for or against the bill. Whom do these Congressmen represent? They represent you and me, so that our line of thought begins with the Battleship and ends with ourselves, and we find in the last analysis that our own thought is responsible for this and many other things, of which we seldom think, and a little further reflection will develop the most important fact of all and that is, if someone had not discovered the law by which this tremendous mass of steel and iron could be made to float upon the water, instead of immediately going to the bottom, the battleship could not have come into existence at all.
32. This law is that, "the specific gravity of any substance is the weight of any volume of it, compared with an equal volume of water." The discovery of this law revolutionized every kind of ocean travel, commerce and warfare, and made the existence of the battleship possible.

33. You will find exercises of this kind invaluable. When the thought has been trained to look below the surface everything takes on a different appearance, the insignificant becomes significant, the uninteresting interesting; the things which we supposed to be of no importance are seen to be the only really vital things in existence.

LOOK TO THIS DAY
For it is Life, the very Life of Life,
In Its brief course lie all the Vereties and
Realities of your existence;
The Bliss of Growth;
The Glory of Action;
The Splendor of Beauty;
For Yesterday is but a Dream,
And Tomorrow is only a Vision;
But Today well lived makes every
Yesterday a Dream of Happiness; and
Every Tomorrow a Vision of Hope.
Look well, therefore, to This Day!
- From the Sanscrit

PART EIGHT

71. What is the imagination? A form of constructive thought. The light by which we penetrate new worlds of thought and experience. The mighty instrument by which every inventor or discovered opened the way from precedent to experience.
72. What is the result of imagination? The cultivation of the imagination leads to the development of the ideal out of which your future will emerge.
73. How may it be cultivated? By exercise; it must be supplied with nourishment or it cannot live.
74. How does imagination differ from the day dreaming? Day dreaming is a form of mental dissipation, while imagination is a form of constructive thought which must precede every constructive action.
75. What are mistakes? The result of ignorance.
76. What is knowledge? The result of man's ability to think.
77. What is the power with which successful men build? Mind is the ever moving force with which they secure the persons and circumstances necessary to complete their plans.
78. What pre-determines the result? The ideal held steadily in mind attracts the necessary conditions for its fulfillment.
79. What is the result of a keen analytical observation? The development of imagination, insight, perception and sagacity.
80. To what do these lead? Opulence and harmony.

Those who have finished by making all others think with them have usually been those who began by daring to think for themselves. –Colton

LETTER OF TRANSMITTAL, PART NINE

Part Nine is enclosed herewith. In this part you may learn to fashion the tools by which you may build for yourself any condition you desire.

If you wish to change conditions you must change yourself. Your whims, your wishes, your fancies, your ambitions may be thwarted at every step, but your inmost thoughts will find expression just as certainly as the plant springs from the seed.

Suppose, then, we desire to change conditions, how are we to bring this about? The reply is simple: By the law of growth. Cause and effect are as absolute and undeviating in the hidden realm of thought as in the world of material things.

Hold in mind the condition desired; affirm it as an already existing fact. This indicates the value of a powerful affirmation. By constant repetition it becomes a part of ourselves. We are actually changing ourselves; we are making ourselves what we want to be.

Character is not a thing of chance, but it is the result of continued effort. If you are timid, vacillating, self-conscious, or if you are over-anxious or harassed by thoughts of fear or impending danger, remember that it is axiomatic that "two things cannot exist in the same place at the same time." Exactly the same thing is true in the mental and spiritual world; so that your remedy is plainly to substitute thoughts of courage, power, self-reliance and confidence, for those of fear, lack and limitation.

The easiest and most natural way to do this is to select an affirmation which seems to fit your particular case. The positive thought will destroy the negative as certainly as light destroys darkness, and the results will be just as effectual.

Act is the blossom of thought, and conditions are the result of action, so that you constantly have in your possession the tools by which you will certainly and inevitably make or unmake yourself, and joy or suffering will be the reward.

1. There are only three things which can possibly be desired in the "world without" and each of them can be found in the "world within". The secret of finding them is simply to apply the proper "mechanism" of attachment to the omnipotent power to which each individual has access.
2. The three things which all mankind desires and which are necessary for his highest expression and complete development are Health, Wealth and Love. All will admit that Health is absolutely essential; no one can be happy if the physical body is in pain. All will not so readily admit that Wealth is necessary, but all must admit that a sufficient supply at least is necessary, and what would be considered sufficient for one, would be considered absolute and painful lack for another; and as Nature provides not only enough but abundantly, wastefully, lavishly, we realize that any lack or limitation is only the limitation which has been made by an artificial method of distribution.

3. All will probably admit that Love is the third, or maybe some will say the first essential necessary to the happiness of mankind; at any rate, those who possess all three, Health, Wealth and Love, find nothing else which can be added to their cup of happiness.
4. We have found that the Universal substance is “All Health,” “All Substance” and “All Love” and that the mechanism of attachment whereby we can consciously connect with this Infinite supply is in our method of thinking. To think correctly is therefore to enter into the “Secret Place of the Most High”.
5. What shall we think? If we know this we shall have found the proper mechanism of attachment which will relate us to “Whatever things we desire.” This mechanism may seem very simple when I give it to you, but read on; you will find that it is in reality the “Master-Key,” the “Aladdin’s lamp,” if you please; you will find that it is the foundation, the imperative condition, the absolute law of well-doing, which means, well-being.
6. To think correctly, accurately, we must know the “Truth”. The truth then is the underlying principle in every business or social relation. It is a condition precedent to every right action. To know the truth, to be sure, to be confident, affords a satisfaction beside which no other is at all comparable; it is the only solid ground in a world of doubt, conflict and danger.
7. To know the Truth is to be in harmony with the Infinite and Omnipotent power. To know the truth is, therefore, to connect yourself with a power which is irresistible and which will sweep away every kind of discord, inharmony, doubt or error of any kind, because the “Truth is mighty and will prevail.”
8. The humblest intellect can readily foretell the result of any action when he knows that it is based on truth, but the mightiest intellect, the most profound and penetrating mind loses its way hopelessly and can form no conception of the results which may ensue when his hopes are based on a premise which he knows to be false.
9. Every action which is not in harmony with Truth, whether through ignorance or design, will result in discord, and eventual loss in proportion to its extent and character.
10. How then are we to know the truth in order to attach this mechanism which will relate us to the Infinite?
11. We can make no mistake about this if we realize that Truth is the vital principle of the Universal Mind and is Omnipresent. For instance, if you require health, a realization of the fact that the “I” in you is spiritual and that

all spirit is one; that wherever a part is the whole must be, will bring about a condition of health, because every cell in the body must manifest the truth as you see it. If you see sickness they will manifest sickness; if you see perfection they must manifest perfection. The affirmation, "I am whole, perfect, strong, powerful, loving, harmonious and happy," will bring about harmonious conditions. The reason for this is because the affirmation is in strict accordance with the Truth, and when truth appears every form of error or discord must necessarily disappear.

12. You have found that the "I" is spiritual, it must necessarily then always be no less than perfect, the affirmation. "I am whole, perfect, strong, powerful, loving, harmonious and happy: is therefore an exact scientific statement.
13. Thought is a spiritual activity and spirit is creative, therefore, the result of holding this thought in mind, must necessarily bring about conditions in harmony with the thought.
14. If you require Wealth realization of the fact that the "I" in you is one of the Universal mind which is all substance, and is Omnipotent, will assist you in bringing into operation the law of attraction which will bring you into vibration with those forces which make for success and bring about conditions of power and affluence in direct proportion with the character and purpose of your affirmation.
15. Visualization is the mechanism of the attachment which you require. Visualization is a very different process from seeing; seeing is physical, and is therefore related to the objective world, the "world without," but Visualization is a product of the imagination, and is therefore a product of the subjective mind, the "world within." It therefore possesses vitality; it will grow. The thing visualized will manifest itself in form. The mechanism is perfect; it was created by the Master Architect who "doeth all things well," but unfortunately sometimes the operator is inexperienced or inefficient, but practice and determination will overcome this defect.
16. If you require Love try to realize that the only way to get love is by giving it, that the more you give the more you will get, and the only way in which you can give it, is to fill yourself with it, until you become a magnet. The method was explained in another lesson.
17. He who has learned to bring the greatest spiritual truths into touch with the so-called lesser things in life has discovered the secret of the solution of his problem. One is always quickened, made more thoughtful, by his nearness of approach to great ideas, great events, great natural objects, and great men. Lincoln is said to have begotten in all who came near him the feeling awakened when one approaches a mountain, and this sense asserts itself most

keenly when one comes to realize that he has laid hold upon things that are eternal, the power of Truth.

18. It is sometimes an inspiration to hear from some one who has actually put these principles to the test, some one who has demonstrated them in his own life. I am today in receipt of a letter from Mr. Andres; he says:

“Dear Friend:

You will find my experience published in March Nautilus, and you are at liberty to make any extracts from or reference to it, that may suite your purpose.

Sincerely yours,
Frederick Elias Andrews
512 Old Fellows Bldg.
Indianapolis, IN March 7, 1917

19. I was about thirteen years old when Dr. T. W. Marsee, since passed over, said to my mother: “There is no possible chance, Mrs. Andrews. I lost my little boy the same way, after doing everything for him that it was possible to do. I have made a special study of these cases, and I know there is no possible chance for him to get well.”
20. She turned to him and said: “Doctor, what would you do if he were your boy?” and he answered, “I would fight, fight, as long as there is a breath of life to fight for.”
21. That was the beginning of along drawn-out battle, with many ups and downs, the doctors all agreeing that there was no chance for a cure, though they encouraged and cheered us the best they could.
22. But at last the victory came, and I have grown from a little, crooked, twisted, cripple, going about on my hands and knees, to a strong, straight, well formed man.
23. Now, I know you want the formula, and I will give it to you as briefly and quickly as I can.
24. I built up an affirmation for myself, taking the qualities I most needed, and affirming for myself over and over again, “I am whole, perfect, strong, powerful, loving, harmonious and happy.” I kept up this affirmation, always the same, never varying, till I could wake up in the night and find myself repeating, “I am whole, perfect, strong, powerful, loving, harmonious and happy.” It was the last thing on my lips at night and the first thing in the morning.

25. Not only did I affirm it for myself, but for others that I knew needed it. I want to emphasize this point. Whatever you desire for yourself, affirm it for others, and it will help you both. We reap what we sow. If we send out thoughts of love and health, they return to us like bread cast upon the waters; but if we send out thoughts of fear, worry, jealousy, anger, hate, etc., we will reap the results in our own lives.
26. It used to be said that man is completely built over every seven years, but some scientists now declare that we build ourselves over entirely every eleven months; so we are really only eleven months old. If we build the defects back into our bodies year after year, we have no one to blame but ourselves.
27. Man is the sum total of his own thoughts; so the question is, how are we going to entertain only the good thoughts and reject the evils ones? At first we can't keep the evil thoughts from coming, but we can keep from entertaining them. The only way to do this is to forget them – which means, get something for them. This is where the ready-made affirmation comes in.
28. When a thought of anger, jealousy, fear or worry creeps in, just start your affirmation going. The way to fight darkness is with light – the way to fight colds is with heat – the way to overcome evil is with good. For myself, I never could find any help in denials. Affirm the good, and the bad will vanish. – Frederick Elias Andrews.
29. If there is anything you require, it will be well for you to make use of this affirmation; it cannot be improved upon. Use it just as it is; take it into the silence with you, until it sinks into your sub-consciousness, so that you can use it anywhere, on the street cars, in the office, at home; this is the advantage of spiritual methods; they are always available. Spirit is omnipresent, ever ready; all that is required is a proper recognition of its omnipotence, and a willingness or desire to become the recipient of its beneficent effects.
30. If our predominant mental attitude is one of power, courage, kindness and sympathy, we shall find that our environment will reflect conditions in correspondence with these thoughts; if it is weak, critical, envious and destructive, we shall find our environment reflecting conditions corresponding to these thoughts.
31. Thoughts are causes and conditions are effect. Herein is the explanation of the origin of both good and evil. Thought is creative and will automatically correlate with its object. This is a cosmological law, the law of Attraction, the law of Cause and Effect; the recognition and application of this law will determine both beginning and end; it is the law by which in all ages and in all times the people were led to believe in the power of prayer. "As they faith is, so be it unto thee," is simply another, a shorter and better way of stating it.

32. This week visualize a plant; take a flower, the one you most admire, bring it from the unseen into the seen, plant the tiny seed, water it, care for it, place it where it will get the direct rays of the morning sun, see the seed burst; it is not a living thing, something which is alive and beginning to search for the means of subsistence. See the roots penetrating the earth, watch them shoot out in all directions and remember that they are living cells dividing and subdividing, and that they will soon number millions, that each cell is intelligent, that it knows what it wants and knows how to get it. See the stem shoot forward and upward, watch it burst through the surface of the earth, see it divide and form branches, see how perfect and symmetrical each branch is formed, see the leaves begin to form, and then the tiny stems, each one holding aloft a bud, and as you watch you see the bud begin to unfold and your favorite flower comes to view; and not if you will concentrate intently you will become conscious of a fragrance; it is the fragrance of the flower as the breeze gently sways the beautiful creation which you have visualized.
33. When you are enabled to make your vision clear and complete you will be enabled to enter into the spirit of a thing; it will become very real to you; you will be learning to concentrate and the process is the same, whether you are concentrating on health, a favorite flower, an ideal, a complicated business proposition or any other problem of life.
34. Every success has been accomplished by persistent concentration upon the object in view.

PART NINE

81. What is the imperative condition of all well-being? Well doing.
82. What is the condition precedent to every right action? Right thinking.
83. What is the underlying condition necessary in every business transaction or social relation? To know the Truth.
84. What is the result of a knowledge of the Truth? We can readily foretell the result of any action that is based upon a true premise.
85. What is the result of any action based upon a false premise? We can form no conception of the results which may ensue.
86. How may we know the Truth? By a realization of the fact that Truth is the vital principle of the Universe and is therefore omnipresent.
87. What is the nature of Truth? It is spiritual.
88. What is the secret of the solution to every problem? To apply spiritual Truth.
89. What is the advantage of spiritual methods? There are always available.
90. What are the necessary requirements? A recognition of the omnipotence of spiritual power and a desire to become the recipient of its beneficent effects.

Thought means life, since those who do not think do not live in any high or real sense.
Thinking makes the man.

- A. B. Alcott

LETTER OF TRANSMITTAL, PART TEN

If you get a thorough understanding of the thought contained in Part Ten, you will have learned that nothing happens with a definite cause. You will be enabled to formulate your plans in accordance with exact knowledge. You will know how to control any situation by bringing adequate causes into play. When you win, as you will, you will know exactly why.

The ordinary man, who has no definite knowledge of cause and effect, is governed by his feelings or emotions. He thinks chiefly to justify his action. If he fails as a business man, he says that luck is against him. If he dislikes music, he says that music is an expensive luxury. If he is a poor office man, he says that he could succeed better at some outdoor work. If he lacks friends, he says his individuality is too fine to be appreciated.

He never thinks his problem through to the end. In short, he does not know that every effect is the result of a certain definite cause, but he seeks to console himself with explanations and excuses. He thinks only in self-defense.

On the contrary, the man who understands that there is no effect without an adequate cause thinks impersonally. He gets down to bed rock facts regardless of consequences. He is free to follow the trail of truth wherever it may lead. He sees the issue clear to the end, and he meets the requirements fully and fairly, and the result is that the world gives him all that it has to give, in friendship, honor, love and approval.

1. Abundance is a natural law of the Universe. The evidence of this law is conclusive; we see it on every hand. Everywhere Nature is lavish, wasteful, extravagant. Nowhere is economy observed in any created thing. Profusion is manifested in everything. The millions and millions of trees and flowers and plants and animals and the vast scheme of reproduction where the process of creating and recreating is forever going on, all indicates the lavishness with which Nature has made provision for man. That there is an abundance for everyone is evident, but that many fail to participate in this abundance is also evident; they have not yet come into a realization of the Universality of all substance, and that mind is the active principle whereby we are related to the things we desire.
2. All wealth is the offspring of power; possessions are of value only as they confer power. Events are significant only as they affect power; all things represent certain forms and degrees of power.
3. Knowledge of cause and effect as shown by the laws of governing electricity, chemical affinity and gravitation, enables man to plan courageously and execute fearlessly. These laws are called Natural Laws, because they govern in the physical world, but all power is not physical power; there is also mental power, and there is moral and spiritual power.

4. Spiritual power is superior because it exists on a higher plane. It has enabled man to discover the law by which these wonderful forces of Nature could be harnessed and made to do the work of hundreds and thousands of men. It has enabled man to discover laws whereby time and space have been annihilated and now apparently the law of gravitation is to be overcome. The operation of this law is dependent upon spiritual contact, as Henry Drummond well says:
5. "In the physical world as we know it, there exists the organic and the inorganic. The inorganic or the mineral world is absolutely cut off from the plant or animal world; the passage is hermetically sealed. These barriers have never yet been crossed. No change of substance, no modification of environment, no chemistry, no electricity, no form of energy, no evolution of any kind can ever endow a single atom of the mineral world with the attribute of Life.
6. "Only by bending down into this dead world of some living form can those dead atoms be gifted with the properties of vitality; without this contact with life they remain fixed in the inorganic sphere forever. Huxley says that the doctrine of Biogenesis or life only from life is victorious all along the line, and Tyndall is compelled to say; 'I affirm that no shred of trustworthy evidence exists to prove that life in our day has ever appeared independent of antecedent life.'
7. "Physical laws may explain the inorganic, Biology explain and account for the development of the organic, but of the point of contact Science is silent. A similar passage exists between the Natural world and the Spiritual world; this passage is hermetically sealed on the natural side. The door is closed; no man can open it, no organic change, no mental energy, no moral effort, no progress of any kind can enable any human being to enter the spiritual world."
8. But as the plant reaches down into the mineral world and touches it with the mystery of Life, so the Universal Mind reaches down into the human mind and endows it with new, strange, wonderful and even marvelous qualities. All men or women who have ever accomplished anything in the world of industry, commerce or art have accomplished because of this process.
9. Thought is the connecting link between the Infinite and the finite, between the Universal and the individual. We have seen that there is an impassable barrier between the organic and the inorganic, and that the only way that matter can unfold is to be impregnated with life; as a seed reaches down into the mineral world and begins to unfold and reach out, the dead matter begins to live, a thousand invisible fingers begin to weave a suitable environment for the new arrival, and as the law of growth begins to take effect, we see the process continue until the Lily finally appears, and even "Solomon in all his glory was not arrayed like one of these."

10. Even so, a thought is dropped into the invisible substance of the Universal Mind, that substance from which all things are created, and as it takes root, the law of growth begins to take effect and we find that conditions and environment are but the objective form of our thought.
11. The law is that Thought is an active vital form of dynamic energy which has the power to correlate with its object and bring it out by the invisible substance from which all things are created into the visible or objective world. This is the law by which, and through which all things come into manifestation; it is the Master Key by which you are admitted into the Secret Place of the Most High and are "given dominion over all things." With an understanding of this law you may "decree a thing and it shall be established unto thee."
12. It could not be otherwise; if the soul of the Universe as we know it, is the Universal Spirit, then the Universe is simply the condition which the Universal Spirit has made for itself. We are simply individualized spirit and are creating the conditions for our growth in exactly the same way.
13. This creative power depends upon our recognition of the potential power of spirit or mind and must not be confused with Evolution. Creation is the calling into existence of that which does not exist in the objective world. Evolution is simply the unfolding of potentialities involved in things which already exist.
14. In taking advantage of the wonderful possibilities opened up to us through the operation of this law, we must remember that we ourselves contribute nothing to its efficacy as the Great Teacher said: "It is not I that doeth the works, but the Father that dwelleth in me, He doeth the work." We must take exactly the same position; we can do nothing to assist in the manifestation, we simply comply with the law, and the All-originating Mind will bring about the result.
15. The great error of the present day is the idea that Man has to originate the intelligence whereby the Infinite can proceed to bring about a specific purpose or result. Nothing of this kind is necessary; the Universal Mind can be depended upon to find ways and means for bringing about any necessary manifestation. We must, however, create the ideal, and this ideal should be perfect.
16. We know that the law of governing Electricity have been formulated in such a way that this invisible power can be controlled and used for our benefit and comfort in thousands of ways. We know that messages are carried around the world, that ponderous machinery does its bidding, that it now illuminates practically the whole world, but we know too that if we consciously or ignorantly violate its law by touching a live wire, when it is not properly insulated, the result will be unpleasant and possibly disastrous. A lack of

understanding of the laws governing in the invisible world has the same result, and many are suffering the consequences all the time.

17. It has been explained that the law of causation depends upon polarity, a circuit must be formed; this circuit cannot be formed unless we operate in harmony with the law. How shall we operate in harmony with the law unless we know what the law is? How shall we know what the Law is? By study, by observation.
18. We see the law in operation everywhere; all nature testifies to the operation of the law by silently, constantly expressing itself in the law of growth. Where there is growth, there must be life; where there is life there must be harmony, so that everything that has life is constantly attracting to itself the conditions and the supply which is necessary for its most complete expression.
19. If your thought is in harmony with the creative Principle of nature, it is in time with the Infinite Mind, and it will form the circuit, it will not return to you void; but it is possible for you to think thoughts that are not in tune with the Infinite, and there is no polarity, the circuit is not formed. What, then, is the result? What is the result when a dynamo is generating electricity, the circuit is cut off and there is no outlet? The dynamo stops.
20. It will be exactly the same with you, if you entertain thoughts which are not in accordance with the Infinite and cannot therefore be polarized; there is no circuit, you are isolated, the thoughts cling to you, harass you, worry you, and finally bring about disease and possibly death; the physician may not diagnose the case exactly in this way, he may give it some fancy name which has been manufactured for the various ills which are the result of wrong thinking, but the cause is the same nevertheless.
21. Constructive thought must necessarily be creative, but creative thought must be harmonious, and this eliminates all destructive or competitive thought.
22. Wisdom, strength, courage and all harmonious conditions are the result of power and have seen that all power is from within; likewise, every lack, limitation or adverse circumstance is the result of weakness, and weakness is simply absence of power; it comes from nowhere, it is nothing – the remedy then is simply to develop power, and this is accomplished in exactly the same manner that all power is developed, by exercise.
23. This exercise consists in making an application of your knowledge. Knowledge will not apply itself. You must make the application. Abundance will not come to you out of the sky, neither will it drop into your lap, but a conscious realization of the law of attraction and the intention to bring it into operation for a certain, definite and specific purpose, and the will to carry out this purpose will bring about the materialization of your desire by a natural

law of transference. If you are in business, it will increase and develop along regular channels, possibly new or unusual channels of distribution will be opened and when the law becomes fully operative you will find that the things you seek are seeking you.

24. This week select a blank space on the wall, or any other convenient spot, from where you usually sit, mentally draw a black horizontal line about six inches long, try to see the line as plainly as though it were planted on the wall; now mentally draw two vertical lines connecting with this horizontal line at either end; now draw another horizontal line connecting with the two vertical lines; now you have a square. Try to see the square perfectly; when you can do so draw a circle within the square; now place a point in the center of the circle; now draw the point toward you about 10 inches; now you have a cone on a square base; you will remember that your work was all in black; change it to white, to red, to yellow.
25. If you can do this, you are making excellent progress and will soon be enabled to concentrate on any problem you may have in mind.

When any object or purpose is clearly held in thought, its precipitation, in tangible and visible form, is merely a question of time. The vision always precedes and itself determines the realization.

- Lillian Whiting

PART TEN

91. What is Wealth? Wealth is the offspring of power.
92. Of what value are possessions? Possessions are of a value only as they confer power.
93. Of what value is a knowledge of cause and effect? It enables men to plan courageously and execute fearlessly.
94. How does life originate in the inorganic world? Only by the introduction of some living form. There is no other way.
95. What is the connecting link between the finite and the Infinite? Thought is the connecting link.
96. Why is that so? Because the Universal can manifest itself only through the individual.
97. Upon what does causation depend? Upon polarity; a circuit must be formed; the Universal is the positive side of the battery of life, the individual is the negative, and thought forms the circuit.
98. Why do many fail to secure harmonious conditions? They do not understand the law; there is no polarity; they have not formed the circuit.
99. What is the remedy? A conscious recognition of the law of attraction with the intention of bringing it into existence for a definite purpose.

100. What will be the result? Thought will correlate with its object and bring it into manifestation, because thought is a product of the spiritual man, and spirit is the creative Principle of the Universe.

A vivid thought brings the power to paint it; and in proportion to the depth of its source is the force of its projection.

- Emerson

LETTER OF TRANSMITTAL, PART ELEVEN

Your life is governed by law, by actual, immutable principles that never vary. Law is in operation at all times; in all places.

Fixed laws underlie all human actions. For this reason, men who control giant industries are enabled to determine with absolute precision just what percentage of every hundred thousand people will respond to any given set of conditions.

It is well, however, to remember that while every effect is the result of a cause, the effect in turn become a cause, which creates other effects, which in turn create still other causes; so that when you put the law of attraction into operation you must remember that you are starting a train of causation for good or otherwise which may have endless possibilities.

We frequently hear it said, “A very distressing situation came into my life, which could not have been the result of my thought, as I certainly never entertained any thought which could have such a result.” We fail to remember that like attracts like in the mental world, and that the thought which we entertain brings to us certain friendships, companionships of a particular kind, and these in turn bring about conditions and environment, which in turn are responsible for the conditions of which we complain.

1. Inductive reasoning is the process of the objective mind by which we compare a number of separate instances with one another until we see the common factor that gives rise to them all.
2. Induction proceeds by comparison of facts; it is this method of studying nature which has resulted in the discovery of a reign of law which has marked an epoch in human progress.
3. It is the dividing line between superstition and intelligence; it has eliminated the elements of uncertainty and caprice from men’s lives and substituted law, reason and certitude.
4. It is the “Watchman at the Gate” mentioned in a former lesson.
5. When, by virtue of this principle, the world to which the senses were accustomed, had been revolutionized; when the sun had been arrested in his course, the apparently flat earth had been shaped into a ball and set whirling around him; when the inert matter had been resolved into active elements, and the universe presented itself wherever we directed the telescope and microscope, full of force, motion and life; we are constrained to ask by what possible means the delicate forms of organization in the midst of it are kept in order and repair.

6. Like poles and like forces repel themselves or remain impenetrable to each other, and this cause seems in general sufficient to assign a proper place and distance to stars, men and forces. As men of different virtues enter into partnership, so do opposite poles attract each other, elements that have no property in common like acids and gases cling to each other in preference and a general exchange is kept up between the surplus and the demand.
7. As the eye seeks and receives satisfaction from colors complementary to those which are given, so does need, want and desire, in the largest sense, induce, guide and determine action.
8. It is our privilege to become conscious of the principle and act in accordance with it. Cuvier sees a tooth belonging to an extinct race of animals. This tooth wants a body for the performance of its function, and it defines the peculiar body it stands in need of with such precision that Cuvier is able to reconstruct the frame of this animal.
9. Perturbations are observed in the motions of Uranus. Leverrier needs another start at a certain place to keep the solar system in order, and Neptune appears in the place and hour appointed.
10. The instinctive wants of the animal and the intellectual wants of Cuvier, the wants of nature and the mind of Leverrier were alike, and thus the results; here the thoughts of an existence, there an existence. A well-defined lawful want, therefore, furnished the reason for the more complex operations of nature.
11. Having recorded correctly the answers furnished by nature and stretched our senses with the growing science over her surface; having joined hands with the levers that move the earth; we become conscious of such a close, varied and deep contact with the world without, that our wants and purposes become no less identified with the harmonious operations of this vast organization, than the life, liberty and happiness of the citizen is identified with the existence of his government.
12. As the interests of the individual are protected by the arms of this country, added to his own; and his needs may depend upon certain supply in the degree that they are felt more universally and steadily; in the same manner does conscious citizenship in the Republic of nature secure us from the annoyances of subordinate agents by alliance with the superior powers; and by appeal to the fundamental laws of resistance or inducement offered to mechanical or chemical agents, distribute the labor to be performed between them and man to the best advantage of the inventor.
13. If Plato could have witnessed the pictures executed by the sun with the assistance of the photographer, or a hundred similar illustrations of what man

does by induction, he would perhaps have been reminded of the intellectual midwifery of his master and, in his own mind might have arisen the vision of a land where all manual, mechanical labor and repetition is assigned to the power of nature, where our wants are satisfied by purely mental operations set in motion by the will, and where the supply is created by the demand.

14. However distant that land may appear, induction has taught men to make strides toward it and has surrounded him with benefits which are, at the same time, rewards for past fidelity and incentives for more assiduous devotion.
15. It is also an aid in concentrating and strengthening our faculties for the remaining part, giving unerring solution for individual as well as universal problems by the mere operations of mind in the purest form.
16. Here we find a method, the spirit of which is, to believe that what is sought has been accomplished, in order to accomplish it: a method, bequeathed upon us by the same Plato who, outside of this sphere, could never find how the ideas became realities.
17. This conception is also elaborated by Swedenborg in his doctrine of correspondences; and a still greater teacher has said, "What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them." (Mark XI, 24 R.V.) The difference of the tenses in this passage is remarkable.
18. We are first to believe that our desire has already been fulfilled, its accomplishment will then follow. This is a concise direction for making use of the creative power of thought by impressing on the Universal subjective mind, the particular thing which we desire as an already existing fact.
19. We are thus thinking on the plan of the absolute and eliminating all consideration of conditions or limitation and are planting a seed which, if left undisturbed, will finally germinate into external fruition.
20. To review: Inductive reasoning is the process of the objective mind, by which we compare a number of separate instances with one another until we see the common factor that gives rise to them all. We see people in every civilized country on the globe, securing results by some process which they do not seem to understand themselves, and to which they usually attach more or less mystery. Our reason is given to us for the purpose of ascertaining the law by which these results are accomplished.
21. The operation of this thought process is seen in those fortunate natures that possess everything that others must acquire by toil, who never have a struggle with conscience because they always act correctly, and can never comport themselves otherwise than with tact, learn everything easily, complete everything they begin with a happy knack, live in eternal harmony with

themselves, without ever reflecting much what they do, or ever experiencing difficulty or toil.

22. The fruit of this thought is, as it were, a gift of the gods, but a gift which few as yet realize, appreciate, or understand. The recognition of the marvelous power which is possessed by the mind under proper conditions and the fact that this power can be utilized, directed, and made available for the solution of every human problem is of transcendental importance.
23. All truth is the same, whether stated in modern scientific terms or in the language of apostolic times. There are timid souls who fail to realize that the very completeness of truth requires various statement – that no one human formula will show every side of it.
24. Changing, emphasis, new language, novel interpretations, unfamiliar perspectives, are not, as some suppose, signs of departure from truth but on the contrary, they are evidence that the truth is being apprehended in new relations to human needs, and is becoming more generally understood.
25. The truth must be told to each generation and to every people in new and different terms, so that when the Great Teacher said, “Believe that ye receive and ye shall receive” or, when Paul said, “Faith is the substance of things hoped for, the evidence of things not seen” or, when modern science says, “The law of attraction is that law by which thought correlates with its object,” each statement when subjected to analysis, is found to contain exactly the same truth. The only difference being in the form of presentation.
26. We are standing on the threshold of a new era. The time has arrived when man has learned the secrets of mastery and the way is being prepared for a new social order, more wonderful than anything every heretofore dreamed of. The conflict of modern science with theology, the study of comparative religions, the tremendous power of new social movements, all of these are but clearing the way for the new order. They may have destroyed traditional forms which have become antiquated and impotent, but nothing of value has been lost.
27. A new faith has been born, a faith which demands a new form of expression, and this faith is taking form in a deep consciousness of power which is being manifested, in the present spiritual activity found on every hand.
28. The spirit which sleeps in the mineral, breathes in the vegetable, moves in the animal and reaches its highest development in man is the Universal Mind, and it behooves us to span the gulf between being and doing, theory and practice by demonstrating our understanding of the dominion which we have been given.

29. By far the greatest discover of all the centuries is the power of thought. The importance of this discovery has been a little slow in reaching the general consciousness, but it has arrived, and already in every field of research the importance of this greatest of all great discoveries is being demonstrated.
30. You ask in what does the creative power of thought consist? It consists in creating ideas, and these in turn objectify themselves by appropriating, inventing, observing, discerning, discovering, analyzing, ruling, governing, combining and applying matter and force. It can do this because it is an intelligent creative power.
31. Thought reaches its loftiest activity when plunged into its own mysterious depth; when it breaks through the narrow compass of self and passes from truth to truth to the region of eternal light, where all which is, was or ever will be, melt into one grand harmony.
32. From this process of self contemplation comes inspiration which is creative intelligence, and which is undeniably superior to every element, force or law of nature, because it can understand, modify, govern and apply them to its own ends and purposes and therefore possess them.
33. Wisdom begins with the dawn of reason, and reason is but an understanding of the knowledge and principles whereby we may know the true meaning of things. Wisdom, then, is illuminated reason, and this wisdom leads to humility, for humility is a large part of Wisdom.
34. We all know many who have achieved the seemingly impossible, who have realized life-long dreams, who have changed everything including themselves. We have sometimes marveled at the demonstration of an apparently irresistible power, which seemed to be ever available just when it was most needed, but it is all clear now. All that is required is an understanding of certain definite fundamental principles and their proper application.
35. For your exercise this week, concentrate on the quotation taken from the Bible, "Whatsoever things ye desire, when ye pray, believe that ye receive them and ye shall have them," notice that there is no limitation, "Whatsoever things" is very definite and implies that the only limitation which is placed upon us is in our ability to think, to be equal to the occasion, to rise to the emergency, to remember that Faith is not a shadow, but a substance, "The substance of things hoped for, the evidence of things not seen."

Death is but the natural process whereby all material forms are thrown into the crucible for reproduction in fresh diversity.

PART ELEVEN

101. What is inductive reasoning? It is the process of the objective mind by which we compare a number of separate instances with each other until we see the common factor which gives rise to them all.
102. What has this method of studying accomplished? It has resulted in the discovery of a reign of law which has marked an epoch in human progress.
103. What is it that guides and determines action? It is need, want and desire which in the largest sense induce, guide and determine action.
104. What is the formula for the unerring solution of every individual problem? We are to believe that our desire has already been fulfilled; its accomplishment will then follow.
105. What great Teachers advocated it? Jesus, Plato, Swedenborg.
106. What is the result of the operation of this thought process? We are thinking on the plane of the absolute and planting a seed, which if left undisturbed will germinate into fruition.
107. Why is it scientifically exact? Because it is Natural Law.
108. What is Faith? "Faith is the substance of things hoped for, the evidence of things unseen."
109. What is the Law of Attraction? The Law by which Faith is brought into manifestation.
110. What importance do you attach to an understanding of this law? It has eliminated the elements of uncertainty and caprice from men's lives and substituted law, reason and certitude.

LETTER OF TRANSMITTAL, PART TWELVE

Part Twelve is enclosed herewith. In the fourth paragraph, you will find the following statement: “You must first have the knowledge of your power; second, the courage to dare; third, the faith to do.”

If you concentrate upon the thoughts given, if you give them your entire attention, you will find a world of meaning in each sentence, and will attract to yourself other thoughts in harmony with them, and you will soon grasp the full significance of the vital knowledge upon which you are concentrating.

Knowledge does not apply itself; we as individuals must make the application, and the application consists in fertilizing the thought with a living purpose.

The time and thought which most persons waste in aimless effort would accomplish wonders if properly directed with some special object in view. In order to do this, it is necessary to center your mental force upon a specific thought and hold it there, to the exclusion of all other thoughts. If you have ever looked through the focusing screen of a camera, you found that when the object was not in focus, the impression was indistinct and possibly blurred, but when the proper focus was obtained the picture was clear and distinct. This illustrates the power of concentration. Unless you can concentrate upon the object which you have in view, you will have but a hazy, indifferent, vague, indistinct and blurred outline of your ideal and the results will be in accordance with your mental picture.

1. There is no purpose in life that cannot be best accomplished through a scientific understanding of the creative power of thought.
2. The power to think is common to all. Man is, because he thinks. Man's power to think is infinite, consequently his creative power is unlimited.
3. We know that thought is building for us the thing we think of and actually bringing it nearer, yet we find it difficult to banish fear, anxiety or discouragement, all of which are powerful thought forces, and which continually send the things we desire further away, so that it is often one step forward and two steps backward.
4. The only way to keep from going backward is to keep going forward. Eternal vigilance is the price of success. There are three steps, and each one is absolutely essential. You must first have the knowledge of your power; second, the courage to dare; third, the faith to do.
5. With this as a basis you can construct an ideal business, an ideal home, ideal friends, ideal environment. You are not restricted as to material or cost. Thought is omnipotent and has the power to draw on the Infinite bank of primary substance for all that it requires. Infinite resources are therefore at your command.

6. But your ideal must be sharp, clear-cut, definite; to have one ideal today, another tomorrow, and a third next week, means to scatter your forces and accomplish nothing; your result will be a meaningless and chaotic combination of wasted material.
7. Unfortunately this is the result which many are securing, and the cause is self evident. If a sculptor started out with a piece of marble and a chisel and changed his ideal every fifteen minutes, what result could he expect? And why should you expect any different result in molding the greatest and most plastic of all substances, the only real substance?
8. The result of this indecision and negative thought is often found in the loss of material wealth. Supposed independence which required many years of toil and effort suddenly disappears. It is often found then that money and property are not independence at all. On the contrary, the only independence is found to be a practical working knowledge of the creative power of thought.
9. This practical working method cannot come to you, until you learn that the only real power which you can have, is the power to adjust yourself to Divine and unchangeable principles. You cannot change the Infinite, but you can come into an understanding of Natural laws. The reward of this understanding is a conscious realization of your ability to adjust your thought faculties with the Universal Thought which is Omnipresent. Your ability to co-operate with this Omnipotence will indicate the degree of success with which you meet.
10. The power of thought has many counterfeits which are more or less fascinating, but the results are harmful instead of helpful.
11. Of course, worry, fear, and all negative thoughts produce a crop after their kind; those who harbor thoughts of this kind must inevitably reap exactly what they have sown.
12. Again, there are the Phenomena seekers who gormandize on the so-called proofs and demonstrations obtained at materializing séances. They throw open their mental doors and soak themselves in the most poisonous currents which can be found in the psychic world. They do not seem to understand that it is the ability to become negative, receptive and passive, and thus drain themselves of all their vital force, which enables them to bring about these vibratory thought forms.
13. There are also the Hindu worshippers, who see in the materializing phenomena which are performed by the so-called adepts, a source of power, forgetting, or never seeming to realize that as soon as the will is withdrawn the forms wither, and the vibratory forces of which they are composed vanish.

14. Telepathy, or thought transference, has received considerable attention, but as it requires a negative mental state on the part of the receiver, the practice is harmful. A thought may be sent with the intention of hearing or seeing, but it will bring the penalty attached to the inversion of the principle involved.
15. Hypnotism is positively dangerous to the subject as well as the operator. No one familiar with the laws governing in the mental world would think of attempting to dominate the will of another, for by so doing he will gradually but surely divest himself of his own power.
16. All of these perversions have their temporary satisfaction and for some a keen fascination, but there is an infinitely greater fascination in a true understanding of the world of power within, a power which increases with use; is permanent instead of fleeting; which not only is potent as a remedial agency to bring about the remedy for past error or results of wrong thinking, but is a prophylactic agency protecting us from all manner and form of danger, and finally is an actual creative force with which we can build new conditions and new environment.
17. The law is, that thought will correlate with its object and bring forth in the material world the correspondence of the thing thought or produced in the mental world. We then discern the absolute necessity of seeing that every thought has the inherent germ of truth in order that the law of growth will bring into manifestation good, for good alone can confer any permanent power.
18. The principle which gives the thought the dynamic power to correlate with its object, and therefore to master every adverse human experience, is the law of attraction, which is another name for love. This is an eternal and fundamental principle, inherent in all things, in every system of Philosophy, in every Religion and in every Science. There is no getting away from the law of love. It is feeling that imparts vitality to thought. Feeling is desire, and desire is love. Thought impregnated with love becomes invincible.
19. We find this truth emphasized wherever the power of thought is understood, The Universal Mind is not only Intelligence, but it is substance, and this substance is the attractive force which brings electrons together by the law of attraction so that they form atoms; the atoms in turn are brought together by the same law and form molecules; molecules take objective forms; and so we find that the law of love is the creative force behind every manifestation, not only of atoms, but of worlds, of the Universe, of everything of which the imagination can form any conception.
20. It is the operation of this marvelous law of attraction which has cause men in all ages and all times to believe that there must be some personal being who responded to their petitions and desires, and manipulated events in order to comply with their requirements.

21. It is the combination of Thought and Love which forms the irresistible force, called the law of attraction. All natural laws are irresistible, the law of Gravitation, or Electricity, or any other law operates with mathematical exactitude. There is no variation, it is only the channel of distribution which may be imperfect. If a bridge falls, we do not attribute the collapse to any variation of the law of gravitation. If a light fails us, we do not conclude that the laws governing electricity cannot be depended upon, and if the law of attraction seems to be imperfectly demonstrated by an inexperienced or uninformed person, we are not to conclude that the greatest and most infallible law upon which the entire system of creation depends is suspended. We should rather conclude that a little more understanding of the law is required, for the same reason that a correct solution of a difficult problem in Mathematics is not always readily and easily obtained.
22. Things are created in the mental or spiritual world before they appear in the outward act or event. By the simple process of governing our thought forces today, we help create the events which will come into our lives in the future, perhaps even tomorrow. Educated desire is the most potent means of bringing into action the law of attraction.
23. Man is so constituted that he must first create the tools, or implements by which he gains the power to think. The mind cannot comprehend an entirely new idea until a corresponding vibratory brain cell has been prepared to receive it. This explains why it is so difficult for us to receive or appreciate an entirely new idea; we have no brain cell capable of receiving it; we are therefore incredulous; we do not believe it.
24. If, therefore, you have not been familiar with the Omnipotence of the law of attraction, and the scientific method by which it can be put into operation, or if you have not been familiar with the unlimited possibilities which it opens to those who are able to take advantage of the resources it offers, begin now and create the necessary brain cells which will enable you to comprehend the unlimited powers which may be yours by co-operating with Natural Law. This is done by concentration or attention.
25. The intention governs the attention. Power comes through repose. It is concentration that deep thoughts, wise speech and all forces of high potentiality are accomplished.
26. It is in the Silence that you get into touch with the Omnipotent power of the subconscious mind from which all power is evolved.
27. He who desires wisdom, power or permanent success of any kind will find it only within; it is an unfoldment. The unthinking may conclude that the silence is very simple and easily attained, but it should be remembered that only in absolute silence may one come into contact with Divinity itself; may learn of the

unchangeable law and open for himself the channels by which persistent practice and concentration lead to perfection.

28. This week go to the same room, take the same chair, the same position as heretofore; be sure to relax, let go, both mentally and physically; always do this; never try to do any mental work under pressure; see that there are no tense muscles or nerves, that you are entirely comfortable. Now realize your unity with omnipotence; get into touch with this power, come into a deep and vital understanding, appreciation and realization of the fact that your ability to think is your ability to act upon the Universal Mind, and bring it into manifestation, realize that it will meet any and every requirement; that you have exactly the same potential ability which any individual ever did have or ever will have, because each is but an expression or manifestation of the One, all are parts of the whole, there is no difference in kind or quality, the only difference being one of degree.

Thought cannot conceive of anything that may not be brought to expression. He who first uttered it may be only the suggester, but the doer will appear. - Wilson

111. How may any purpose in life be best accomplished? Through a scientific understanding of the spiritual nature of thought.
112. What three steps are absolutely essential? The knowledge of our power, the courage to dare, the faith to do.
113. How is the practical working knowledge secured? By an understanding of Natural laws.
114. What is the reward of an understanding of these laws? A conscious realization of our ability to adjust ourselves to Divine and unchanging principle.
115. What will indicate the degree of success with which we meet? The degree in which we realize that we cannot change the Infinite but must co-operate with it.
116. What is the principle which gives thought its dynamic power? The Law of Attraction which rests on vibration, which in turn rests upon the law of love. Thought impregnated with love becomes invincible.
117. Why is this law irresistible? Because it is a Natural Law. All Natural laws are irresistible and unchangeable and act with mathematical exactitude. There is no deviation or variation.
118. Why then does it sometimes seem to be difficult to find the solution to our problems in life? For the same reason that it is sometimes difficult to find the correct solution to a difficult mathematical problem. The operator is uninformed or inexperienced.
119. Why is it impossible for the mind to grasp an entirely new idea? We have no corresponding vibratory brain cell capable of receiving the idea.
120. How is wisdom secured? By concentration; it is an unfoldment; it comes from within.

LETTER OF TRANSMITTAL, PART THIRTEEN

Physical science is responsible for the marvelous age of invention in which we are now living, but spiritual science is now setting out on a career whose possibilities no one can foretell.

Spiritual science has heretofore been the football of the uneducated, the superstitious, the mystical, but men are now interested in definite methods and demonstrated facts only.

We have come to know that thinking is a spiritual process, that vision and imagination precede action and event, that the day of the dreamer has come. The following lines by Mr. Herbert Kaufman are interesting in this connection.

“They are the architects of greatness, their vision lies within their souls, they peer beyond the veils and mists of doubt and pierce the walls of unborn Time. They belted wheel, the trail of steel, the churning screw, are shuttles in the loom on which they weave their magic tapestries. Makers of Empire, they have fought for bigger things than crowns and higher seats than thrones. Your homes are set upon the land a dreamer found. The pictures on its walls are visions from a dreamer’s soul.

“They are the chosen few – the blazers of the way. Walls crumble and Empires fall, the tidal wave sweeps from the sea and tears a fortress from its rocks. The rotting nations drop from off Time’s bough, and only things the dreamers make live on.”

Part thirteen which is enclosed herewith tells why the dreams of the dreamer come true. It explains the law of causation by which dreamers, inventors, authors, financiers, bring about the realization of their desires. It explains the law by which the thing pictured upon our mind eventually becomes our own.

1. It has been the tendency, and, as might be proved, a necessity for science to seek the explanation of every-day facts by a generalization of those others which are less frequent and form the exception. Thus does the eruption of the volcano manifest the heat which is continually at work in the interior of the earth and to which the latter owes much of her configuration.
2. Thus does the lightning reveal a subtle power busy to produce changes in the inorganic world, and, as dead languages now seldom heard were once ruling among the nations, so does a giant tooth in Siberia, or a fossil in the depth of the earth, not only bear record of the evolution of past ages, but thereby explains to us the origin of the hills and valleys which we inhabit today.
3. In this way a generalization of facts which are rare, strange, or form the exception, has been the magnetic needle guiding to all the discoveries of inductive science.

4. This method is founded upon reason and experience and thereby destroyed superstition, precedent and conventionality.
5. It is more than two hundred years since Lord Bacon recommended this method of study, to which the civilized nations owe the greater part of their prosperity and the more valuable part of their knowledge; purging the mind from narrow prejudices, denominated theories, more effectually than by the keenest irony; calling the attention of men from heaven to earth more successfully by surprising experiments than by the most forcible demonstrations of their ignorance; educating the inventive faculties more powerfully by the near prospect of useful discoveries thrown open to all, than by talk of bringing to light the innate laws of our mind.
6. The method of Bacon has seized the spirit and aim of the great philosophers of Greece and carried them into effect by the new means of observation which another age offered; thus gradually revealing a wondrous field of knowledge in the infinite space of astronomy, in the microscopic egg of embryology, and the dim age of geology; disclosing an order of the pulse which the logic of Aristotle could never have unveiled, and analyzing into formerly unknown elements the material combinations which no dialectic of the scholastics could force apart.
7. It has lengthened life; it has mitigated pain; it has extinguished diseases; it has increase the fertility of the soil; it has given new securities to the mariner; it has spanned great rivers with bridges or form unknown to our fathers; it has guided the thunderbolt from heaven to earth; it has lighted up night with the splendor of day; it has extended the range of human vision; it has multiplied the power of the human muscles; it has accelerated motion; it has annihilated distance; it has facilitated intercourse, correspondence, all friendly offices, all dispatch of business; it has enabled men to descent into the depths of the sea, to soar into the air, to penetrate securely into the noxious recesses of the earth.
8. This then is the true nature and scope of induction. But the greater the success which men have achieved in this inductive science, the more does the whole tenor of their teachings and example impress us with the necessity of observing carefully, patiently, accurately, with all the instruments and resources at our command the individual facts before venturing upon a statement of general laws.
9. To ascertain the bearing of the spark drawn from the electric machine under every variety of circumstances, that we thus may be emboldened with Franklin to address, in the form of a kite, the question to the cloud about the nature of the lightning. To assure ourselves of the manner in which bodies fall with the exactness of Galileo, that with Newton we may dare to ask the moon about the force that fastens it to the earth.

10. In short, by the value we set upon truth, by our hope in a steady and universal progress, not to permit a tyrannical prejudice to neglect or mutilate unwelcome facts, but to rear the superstructure of science upon the broad and unchangeable basis, of full attention paid to the most isolated as well as the most frequent phenomena.
11. An ever-increasing material may be collected by observation, but the accumulated facts are of very different value for the explanation of nature, and as we esteem most highly those useful qualities of men which are of the rarest occurrence, so does natural philosophy sift the facts and attach a pre-eminent importance to that striking class which cannot be accounted for by the usual and daily observation of life.
12. If then, we find that certain persons seem to possess unusual power, what are we to conclude? First, we may say, it is not so, which is simply an acknowledgement of our lack of information because every honest investigator admits that there are many strange and heretofore unaccountable phenomena constantly taking place. Those, however, who become acquainted with the creative power of thought, will no longer consider them unaccountable.
13. Second, we may say that they are the result of supernatural interference, but a scientific understanding of Natural Laws will convince us that there is nothing supernatural. Every phenomenon is the result of an accurate definite cause, and the cause is an immutable law or principle, which operates with invariable precision, whether the law is put into operation consciously or unconsciously.
14. Third, we may say that we are on "forbidden ground", that there are some things which we should not know. This objection was used against every advance in human knowledge. Every individual who ever advanced a new idea, whether a Columbus, a Darwin, a Galileo, a Fulton or an Emerson, was subjected to ridicule or persecution; so that this objection should receive no serious consideration; but, on the contrary, we should carefully consider every fact which is brought to our attention; by doing this we will more readily ascertain the law upon which it is based.
15. It will be found that the creative power of thought will explain every possible condition or experience, whether physical, mental or spiritual.
16. Thought will bring about conditions in correspondence with the predominant mental attitude. Therefore, if we fear disaster, as fear is a powerful form of thought, disaster will be the certain result of our thinking. It is this form of thought which frequently sweeps away the result of many years of toil and effort.
17. If we think of some form of material wealth we may secure it. By concentrated thought the required conditions will be brought about, and the proper effort put forth, which will result in bringing about the circumstances necessary to realize

our desires; but we often find that when we secure the things we thought we wanted, they do not have the same effect we expected. That is, the satisfaction is only temporary, or possibly is the reverse of what we expected.

18. What, then, is the proper method of procedure? What are we to think in order to secure what we really desire? What you and I desire, what we all desire, what every one is seeking, is Happiness and Harmony. If we can be truly happy we shall have everything the world can give. If we are happy ourselves we can make others happy.
19. But we cannot be happy unless we have health, strength, congenial friends, pleasant environment, sufficient supply, not only to take care of our necessities but to provide for those comfort and luxuries to which we are entitled.
20. The old orthodox way of thinking was to be “a worm”, to be satisfied with our portion whatever it is; but the modern idea is to know that we are entitled to the best of everything, that the “Father and I are one” and that the “Father” is the Universal Mind, the Creator, the Original Substance from which all things proceed.
21. Now admitting that this is all true in theory, and it has been taught for two thousand years, and is the essence of every system of Philosophy or Religion, how are we to make it practical in our lives? How are we to get the actual, tangible results here and now?
22. In the first place, we must put our knowledge into practice. Nothing can be accomplished in any other way. The athlete may read books and lessons on physical training all his life, but unless he begins to give out strength by actual work he will never receive any strength; he will eventually get exactly what he gives; but he will have to give it first. It is exactly the same with us; we will get exactly what we give, but we shall have to give it first. It will then return to us many fold, and the giving is simply a mental process, because thoughts are causes and conditions are effects; therefore in giving thoughts of courage, inspiration, health or help of any kind we are setting causes in motion which will bring about their effect.
23. Thought is a spiritual activity and is therefore creative, but make no mistake, thought will create nothing unless it is consciously, systematically and constructively directed; and herein is the difference between idle thinking, which is simply a dissipation of effort, and constructive thinking, which means practically unlimited achievement.
24. We have found that everything we get comes to us by the Law of Attraction. A happy thought cannot exist in an unhappy consciousness; therefore the consciousness must change, and, as the consciousness changes, all conditions

necessary to meet the changed consciousness must gradually change, in order to meet the requirement of the new situation.

25. In creating a Mental Image or an Ideal, we are projecting a thought into the Universal Substance from which all things are created. This Universal Substance is Omnipresent, Omnipotent and Omniscient. Are we to inform the Omniscient as to the proper channel to be used to materialize our demand? Can the finite advise the Infinite? This is the cause of failure; of every failure. We recognize the Omnipresence of the Universal Substance, but we fail to appreciate the fact that this substance is not only Omnipresent, but is Omnipotent and Omniscient, and consequently will set causes in motion concerning which we may be entirely ignorant.
26. We can best conserve our interests by recognizing the Infinite Power and Infinite Wisdom of the Universal Mind, and in this way become a channel whereby the Infinite can bring about the realization of our desire. This means that recognition brings about realization, therefore for your exercise this week make use of the principle, recognize the fact that you are a part of the whole, and that a part must be the same in kind and quality as the whole; the only difference there can possibly be, is in degree.
27. When this tremendous fact begins to permeate your consciousness, when you really come into a realization of the fact that you (not your body, but the Ego), the "I," the spirit which thinks is an integral part of the great whole, that it is the same in substance, in quality, in kind, that the Creator could create nothing different from Himself, you will also be able to say, "The Father and I are one" and you will come into an understanding of the beauty, the grandeur, the transcendental opportunities which have been placed at your disposal.

*Increase in me that wisdom Which discovers my truest interest, Strengthen my resolution
To perform that which wisdom dictates.*

Franklin

Study Questions and Answers

121. What is the method by which natural philosophers obtain and apply their knowledge?

To observe individual facts carefully, patiently, accurately, with all the instruments and resources at their command, before venturing upon a statement of general laws.

122. How may we be certain that this method is correct?

By not permitting a tyrannical prejudice to neglect or mutilate unwelcome facts.

123. What classes of facts are esteemed most highly?

Those which cannot be accounted for by the usual daily observation of life.

124. Upon what is this principle founded?

Upon reason and experience.

125. What does it destroy?

Superstition, precedent and conventionality.

126. How have these laws been discovered?

By a generalization of facts which are uncommon, rare, strange and form the exception.

27. How may we account for much of the strange and heretofore unexplainable phenomena which is constantly taking place?

By the creative power of thought.

128. Why is this so?

Because when we learn of a fact we can be sure that it is the result of a certain definite cause and that this cause will operate with invariable precision.

129. What is the result of this knowledge?

It will explain the cause of every possible condition, whether physical, mental or spiritual.

130. How will our best interest be conserved?

By a recognition of the fact that a knowledge of the creative nature of thought puts us in touch with Infinite power.